

## Saturday Events

### Chelmsley Wood, Fordbridge and Marston Green

Play and Stays -10am to 12pm  
First Saturday of every month.  
Play time for children and families.

### Smiths Wood

#### Dads and Male Carers Group - 10am to 11.30am

Fun activities including craft, sand, water, and outdoor play. Group runs every week except the third Saturday of every month.

#### Family Fun – 10am to 11.30am

Fun and activities for the whole family every third Saturday of the month.

## Solihull Family Information Service

**S**olihull Family Information Service provides free and impartial information, advice and assistance on childcare, things to do and places to go and services that can support you and your family. You can ask them about a range of topics including: choosing childcare, help with childcare costs, free early education places for three and four year olds, clubs and groups, holiday activities, tax credits and benefits and support for families who have children with additional needs.

Call 0800 389 8667, text 07740 046 045, email [familyinfo@solihull.gov.uk](mailto:familyinfo@solihull.gov.uk) or visit [www.solihull.gov.uk/familyinfo](http://www.solihull.gov.uk/familyinfo)

## Parents' Network

**I**f you find it difficult to get information about what is going on in your area for your child or children then join the Parents' Network. You will receive a newsletter each term on:

- Services, activities and events in Solihull.
- Things that are happening or changing to make things better for you and your children.
- Ways you can get involved and have your say about what's happening for you and your children.

Please ring 0800 389 8667 or email [parentsnetwork@solihull.gov.uk](mailto:parentsnetwork@solihull.gov.uk) to request a registration form

## Are you a victim of domestic abuse? Has your property been damaged? Not ready to report the crime to the Police?

**V**isual Evidence for Victims (VEV) can help record photographic evidence so that, if you are not ready to report a crime to the Police you have proof to take action at a later date. The service is free and confidential if you are over 18. If you have been a victim of domestic

abuse, had property damaged or hate crime contact Karen Allt at Chelmsley Wood Children's centre for more details on 0121 248 7606.



## Would you like to have a say on the future of your centre?

**I**f so, join the Partnership Advisory Group at your local centre. You will have the opportunity to plan and direct the future of your centre with other parents and professionals.

There are no major commitments you just need to meet each school term. A crèche is provided.

**If you are interested please speak to a member of staff at your local centre.**

## Speech and language support

**D**o you have concerns about your child's communication skills? Would you like advice on what you can do to improve your child's communication skills? Children's speech and language support can be accessed at your local centre.

**Ask at your local centre for more information.**

## Toy library, micro library and story sacks

**J**ust a reminder that our toy library, micro library and story sacks are available to loan for free.

**Just ask your local children's centre.**

## Sure Start Children's Centres - Where we are:

**Chelmsley Wood, Fordbridge and Marston Green**  
2 Chelmsley Circle, Chelmsley Wood, B37 5UH  
- 0121 248 7606

**Smith's Wood Children's Centre**  
Wheatfield Close, Smith's Wood, B36 0QP  
- 0121 248 7631

**Castle Bromwich**  
Hurst Lane, Castle Bromwich - 0121 248 7631

**Kingshurst**  
Kingshurst Primary School, School Close, Kingshurst, B37 6BN - 0121 248 7659

**Yorkswood**  
Yorkswood Primary School, Kingshurst Way, Kingshurst, B37 6DF - 0121 248 7638

# Sure Start Children's Centres

## Solihull

## Autumn activities 2010

### North Solihull

Hello,

**W**elcome to our new look Autumn activity timetable for the children's centres in the north of Solihull. Activities run for the autumn term only. There are a wide range of activities and we hope that you will find something useful for you and your family. All activities take place at the centres or in the local community and are open to families with children under five and children under eight with additional needs unless otherwise stated. If you need to book a place for any of the groups please phone or drop in at the centre.

Crèche places are available for most groups but please be aware that spaces are limited so you will need to book early. The team at your local children's centre are also available if you need family advice or support.

**We look forward to seeing you at the centres!**

Best wishes,

**Marian Davis, Area Children's Centre Manager**



## Are you interested in?

- Learning new skills
- Looking for a job
- Starting a course
- Gaining confidence

Then we can support you.

**To find out more call Colin on 0121 248 7631 or Mandy on 0121 248 7646 or drop in at your local children's centre.**

## Calling all dads, granddads and male carers

**D**o you want to be more involved in your child's learning and development? If so, then Activ-dads is for you. All of our centres provide opportunities specifically for dads, granddads and male carers.

**To find out more, to get involved or to let us know what activities you would like to have please contact your local centre or visit [www.activ-dads.org.uk](http://www.activ-dads.org.uk)**

## Volunteering opportunities

**A**re you over 16 and looking to improve your future prospects or for a way to get involved in your local community? There's lot's of volunteering opportunities at your local children's centre including childcare, administration, supporting children and families, marketing and gardening. Everyone is welcome regardless of age, ethnicity, gender, sexual orientation or disability. **Please contact your local children's centre for more information.**

## Support for special educational needs

**I**f you have a child with special educational needs then Solihull Parent Partnership can support you. Parent Partnership is an independent and confidential advice, information and support service.

**Please call 0121 733 7290 for more information or to book an appointment. Alternatively, visit [www.solihullparentpartnership.co.uk](http://www.solihullparentpartnership.co.uk)**



**Children and Young People's Trust**  
Improving outcomes for children in Solihull

Please book where you see this symbol *	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Chelmsley Wood, Fordbridge and Marston Green</b></p> <p><b>13 Sept - 17 Dec</b></p> <p><b>0121 248 7606</b></p>	<p><b>Understanding Your Child's Behaviour* - 9.30am to 11.30am</b> A 'Solihull Approach' group for parents and carers. 12 week course runs from 13 September to 29 November. Crèche available.</p>	<p><b>Baby Café - 10am to 11.30am</b> Drop in to meet, talk and make new friends. For all new parents and their babies 0-8 months. Breast feeding support available.</p> <p><b>Little Discoverers Play and Stay* - 10.30am to 12pm</b> Fun play time for families and children. Variety of activities and information sessions.</p>	<p><b>Relate Counselling</b> Free and confidential service. Please ask at reception for more information or for a contact number.</p> <p><b>Support Group - 9.30am to 11am</b> For families who have children under eight with additional needs. Crèche available.</p> <p><b>Autism Support Service - 10am to 11am</b> For parents who have children with autism. Last Wednesday of the month.</p> <p><b>Baby Massage* - 10.15am to 11.30am</b> A step by step guide on how to massage your baby. For babies 2 to 9 months.</p>	<p><b>Lone Parent Advisor appointments</b> Staff from Job Centre Plus will be available to advise. Please ask reception form more information or for a contact number.</p>	<p><b>Wellbeing Workshop* - 9.30am to 11.15am</b> Activities for parents looking at improving wellbeing. Crèche available.</p> <p><b>Make and Taste* - 9.30am to 11.15am</b> A four week fun with food workshop runs from 17 September to 15 October. Crèche available.</p> <p><b>Story time at Chelmsley Wood Library - 10.30am</b> West Mall, Chelmsley Wood Shopping Centre, Chelmsley Wood, B37 5TN</p>
	<p><b>Watch, Play and Learn* - 1.30pm to 3pm</b> Observe your child's learning and find out why they do the things they do. 12 week course from 20 September to 6 December. Crèche available.</p> <p><b>Story time at Marston Green Library - 2.30pm to 3pm</b> Land Lane, Solihull, B37 7DQ</p>	<p><b>Coffee area and ball pool closed - 12pm to 1pm</b></p> <p><b>Additional Needs Activity Time - 4.30pm to 6pm</b> <b>Last Tuesday of the month</b> A drop in group for children under 8 with additional needs and their families.</p>	<p><b>Get Ready For Baby* - 1.30pm to 3pm</b> A six week course to help support and prepare you for your new arrival. Course runs from 15 September to 20 October.</p> <p><b>First Aid/Home Safety – 1.15pm to 3pm</b> Session will take place on 15 September</p> <p><b>Christmas crafts – 1.15pm to 3pm</b> Session will take place on 3 November. Crèche available.</p> <p><b>Rhythm Time*</b> <b>Toddlers - 1.30pm to 2pm / Babies - 2.15pm to 2.45pm</b> Free Church Hall, Land Lane, Marston Green. £2.00 per child per session</p>	<p><b>Coffee area and ball pool closed - 12pm to 1pm</b></p> <p><b>Information Stop - 1pm to 2pm</b> Information about services and organisations available in the local community.</p> <p><b>Little Discoverers Play and Stay* - 1.30pm to 3pm</b> Fun play time for families and children. Variety of activities and information sessions.</p> <p><b>Activ-dads - 4.30pm to 6pm</b> A group for under 5's to enjoy quality time with their dads, granddads and male carers.</p>	<p><b>Little Fishes - 12pm to 1pm</b> Children's swimming session at North Solihull Leisure Centre, Conway Road, Chelmsley Wood. £1 with children's centre membership card.</p> <p><b>Marston Green Fun Time - 1.30pm to 3pm</b> A physical and creative experience for you and your child at Free Church Hall, Land Lane, Marston Green.</p> <p><b>Mini Movers* - 1.15pm to 2.45pm</b> Physical fun, stories and songs for you and your child. Runs from 17 September to 22 October</p>
<p><b>Smiths Wood</b></p> <p><b>13 Sept - 17 Dec</b></p> <p><b>0121 248 7631</b></p>	<p><b>Little Discovers - 9.30am to 11am</b> Fun activities, tips and information to help your child's development. For children 12 to 30 months.</p> <p><b>Lone Parent Adviser appointments</b> Staff from Job Centre Plus will be available to advise. Please ask reception form more information or for a contact number.</p> <p><b>Family Fun at Galeno - 1pm to 2.30pm</b> Learn with your child through play. Open to residents of Galeno Place only.</p> <p><b>Parents Forum* - 1.30pm to 3pm</b> Come and share your views and thoughts on your children's centre and community. Last Monday of every month. Crèche available.</p>	<p><b>Story Sacks* - 9.30am to 11.30am</b> Brings a child's story to life! Makes reading together fun. Helps with listening, reading and communication. A chance to be creative and make something with your child.</p> <p><b>Closed PM</b></p>	<p><b>Groovy Grans - 10.30am to 12am</b> For grandmothers who are main carers for their grandchildren.</p> <p><b>Family Fun - 10am to 11.30am</b> Learn together through play. Activities provided.</p> <p><b>Understanding Your Child's Behaviour* - 1pm to 3pm</b> 10 week course at Smiths Wood Community Primary School from 29 September to 1 December. Ring 0121 788 4700 to book your place. Crèche available. Introduce your child to the crèche before the group starts on 22 September† 1pm to 3pm.</p>	<p><b>Family Fun - 10am to 11.30am</b> Learn together through play. Activities provided.</p> <p><b>Coffee area closed from 1pm</b></p> <p><b>Baby Clinic - 1pm to 3pm</b> Come and have your baby weighed in a relaxed environment. A Health Visitor is available for confidential advice.</p> <p><b>Adventure Babies* - 1.30pm to 3pm</b> Fun activities, tips and information to help your child's development. Children up to 12 months.</p>	<p><b>Welfare Advice* - 9.30am to 1.30pm</b> Advice on welfare from the Citizens Advice Bureau. Including benefits, debt, housing and much more. Crèche available.</p> <p><b>Little Fishes - 12pm to 1pm</b> Children's swimming session at North Solihull Leisure Centre, Conway Road, Chelmsley Wood. £1 with children's centre membership card.</p> <p><b>Chat and Craft - 1.30pm to 3pm</b> Discuss important issues whilst being creative. Craft ideas and resources available. Crèche available.</p> <p><b>Make and Taste* - 1pm to 3pm - 5 to 26 November</b> Supporting you to make healthy food choices for you and your family.</p>
<p><b>Castle Bromwich</b></p> <p><b>13 Sept - 17 Dec</b></p> <p><b>0121 248 7631</b></p>	<p><b>Childminder Play Sessions - 9.30am to 11am</b> All childminders and children are welcome. Enhance the development of the children you care for by taking advantage of the learning opportunities and support available from your centre.</p> <p><b>Closed PM</b></p>	<p><b>Family First Aid Course - 9.30am to 11am</b> Learn about first aid for your family and safety in the home. Five week course runs from 9 November to 7 December</p> <p><b>Closed PM</b></p>	<p><b>Family Fun - 9.30am to 11am</b> Learn with your child through play. Activities provided.</p> <p><b>Baby Clinic - 2pm to 3.30pm</b> Come and have your baby weighed in a relaxed environment. A Health Visitor is available for confidential advice.</p> <p><b>Adventure Babies* - 1.30pm to 3pm</b> Fun activities, tips and information to help your babies development (0 to 12 months).</p>	<p><b>Rising 3's* - 9.30am to 11am</b> Fun activities, tips and information to help you and your child get ready for nursery. For children 30 to 36 months.</p> <p><b>Little Discoverers* - 9.30am to 11am</b> A 10 week group for children 12 to 30 months running from 16 September to 18 November offering fun activities, tips and information to help your child's development.</p> <p><b>Get Crafty - 1.30pm to 3pm</b> Craft activities with your child. Craft ideas and resources available.</p>	<p><b>Little Fishes - 12pm to 1pm</b> Children's swimming session at North Solihull Leisure Centre, Conway Road, Chelmsley Wood. £1 with children's centre membership card.</p> <p><b>Family Fun at St. Mary's and St. Margaret's School - 9.30am to 11am</b> Learn with your child through play. Activities provided. Southfield Avenue, Castle Bromwich, B36 9AX</p> <p><b>Story time at Castle Bromwich Library - 2.15pm</b> Hurst Lane North, Castle Bromwich, B36 0EY</p>
<p><b>Kingshurst</b></p> <p><b>13 Sept - 17 Dec</b></p> <p><b>0121 248 7659</b></p>	<p><b>Time for You* - 9.30am to 11.30am</b> We all get more out of life when we feel good – come along to learn the benefits of various relaxation techniques. Five week course from 20 September to 18 October. Crèche available.</p> <p><b>Christmas Crafts* - 9.30am to 11.30am</b> Five week course from 8 November to 6 December. Crèche available.</p> <p><b>Barney's Babes - 9.45am to 11.30 am</b> A toddler group at St Barnabas Hall, Overgreen Drive, Kingshurst, B37 6EY. Crèche available.</p> <p><b>Stay and Play - 1.30pm to 3pm</b> You are welcome to drop in and join in with our fun activities (donation of 30p)</p>	<p><b>Understanding Your Child's Behaviour* - 9.30am to 11.30am</b> 10 week course runs from 28 September to 7 December. Crèche available. Introduce your child to the crèche before the group starts on 21 September† 9.30am to 11.30am.</p> <p><b>Parent and Toddler Group - 9.45am to 11.15am</b> Kingshurst Community Centre, 5 Marston Drive, Kingshurst, B37 6BD</p> <p><b>Dad's and Male Carers Activities - 3.30pm to 5pm</b> Dad's and male carers can have fun with their children. Activities include craft, sand, water and outdoor play.</p>	<p><b>Parents Voice - 9.30am to 10.30am</b> Monthly meetings. An opportunity for you to share your thoughts on your children's centre and the community and help us plan the activities you want in your centre. Crèche available.</p> <p><b>Colin's IT Drop In - 9.30am to 1pm</b> Colin will be on hand to help you use the internet, research courses, jobs, careers and lots more. Crèche available from 9.30am to 11.30am. Staff from the Job Centre Plus will also be available for Lone Parent Advisor appointments. Crèche available.</p> <p><b>Little Discoverers - 2pm to 3.30pm</b> Fun activities, tips and information to help your child's development. For children 12 to 30 months.</p> <p><b>Stay and Weigh - 2pm to 3.30pm</b> Weigh your baby in a relaxed environment.</p> <p><b>Baby Massage - 2pm to 3.30pm</b> A step by step guide on how to massage your baby. For babies 2 to 9 months.</p>	<p><b>Childminder Play Sessions - 9.15am to 11.15am</b> All childminders and children are welcome. Enhance the development of the children you care for by taking advantage of the learning opportunities and support available from your centre.</p> <p><b>Story Time at Kingshurst Library - 10am to 10.30am</b> Fun time with books. A chance to borrow from a wide selection of books. Marston Drive, Kingshurst, B37 6BD</p> <p><b>Parent and Toddler Group - 9.45am to 11.15am</b> Kingshurst Community Centre, 5 Marston Drive, Kingshurst, B37 6BD</p> <p><b>Maths Course</b> Contact Colin Smart for more information. Call: 0121 248 7631</p>	<p><b>Stay and Play - 9.45am to 11.15am</b> You are welcome to drop in and join in with our fun activities. Donation of 30p.</p> <p><b>Little Fishes - 12pm to 1pm</b> Children's swimming session at North Solihull Leisure Centre, Conway Road, Chelmsley Wood. £1 with children's centre membership card.</p> <p><b>Make and Taste* - 1pm to 3pm</b> Four weeks from 17 September to 8 October.</p>
<p><b>Yorkswood</b></p> <p><b>13 Sept - 17 Dec</b></p> <p><b>0121 248 7638</b></p>		<p><b>Individual appointments to talk with Claire Sloss about any stresses or worries you may have* - 9.30am to 11am</b> The group will not run school holiday week.</p> <p><b>Positive Wellbeing Group*</b> A group which looks at how to deal with the stresses and strains of life and parenthood. Starts 1 November. Please ring the centre to confirm the time.</p>	<p><b>Stay and Play - 1pm to 2.30pm</b> You are welcome to drop in and join in with our fun activities. Donation of 30p.</p>	<p><b>Understanding Your Child's Behaviour* - 9.30am to 11.30am</b> 10 week course runs from 30 September to 9 December. Crèche available. Introduce your child to the crèche before the group starts on 23 September† 9.30am to 11.30am.</p> <p><b>Festive Cooking*</b> Five week course from 4 November to 2 December. An opportunity for you to prepare for Christmas. Please ring the centre to confirm the time. Crèche available.</p>	<p><b>Little Fishes - 12pm to 1pm</b> Children's swimming session at North Solihull Leisure Centre, Conway Road, Chelmsley Wood. £1 with children's centre membership card.</p>

**For Saturday events see back page**

All groups are subject to availability and change