

DIRECTORY OF BEREAVEMENT SUPPORT AND COUNSELLING SERVICES

National and Regional Organisations

<p>ACT HELPLINE ACT, Brunswick Court, Brunswick Square, Bristol, BS2 8PE</p> <p><i>ACT is the only organisation working nationally to achieve the best quality of life and care for all children and young people who have a life-limiting or life-threatening condition and their families</i></p>	Helpline	0845 108 2201
	Office	0117 916 6422
	Email	info@act.org.uk
	Web	www.act.org.uk
<p>THE ALDER CENTRE Royal Liverpool Children's Hospital NHS Trust Eaton Road, Alder Hey, Liverpool. L12 2AP</p> <p><i>Bereavement counselling for anyone affected by the death of a child</i></p>	Helpline	0800 282 986
	Office	0151 252 5391
	Email	aldercentre@yahoo.co.uk
	Web	www.cancerbackup.org.uk
<p>ASIAN FAMILY COUNSELLING SERVICE Suite 51, The Lodge, Windmill Place, 2-4 Windmill Lane, Southall, Middlesex. UB2 4NJ</p> <p><i>Confidential counselling service for families, couples and individuals of the Asian community. This service is provided in the Asian languages and offers many services including relationship counselling and family therapy, telephone counselling, self-help groups, In addition to counselling, the service includes a mental health support group for women</i></p>	Helpline	020 8571 393
	Office	020 8813 9714
	Email	afcs@btconnect.com
	Web	www.asianfamilycounselling.org.uk
<p>CHILD BEREAVEMENT SERVICE c/o Macmillan Office Macmillan Office, Great Brammingham Lane, Luton</p> <p><i>Bereavement support for children and families following a death. Workshops for groups of children and young people, one to one support at home or in school and support for parents/carers.</i></p>	Tel	01582 497812
<p>CHILD BEREAVEMENT CHARITY Aston House, High Street, West Wycombe, Buckinghamshire. HP14 3AG</p> <p><i>Training, information and support for professionals working with bereaved parents and children, especially baby death. Including support, information and advice for young people, bereaved families and schools.</i></p>	Helpline	01494 44664
	Office	01494 446648
	Email	support@childbereavement.org.uk
	Web	www.childbereavement.org.uk
<p>CHILD DEATH HELPLINE Operated from Great Ormond Street Hospital and the Alder Hey Children's Hospital Liverpool</p>	Helpline	0800 282986
	Office	0151 252 5391
	Email	contact@childdeathhelpline.org

<p><i>A helpline for anyone affected by the death of a child, of any age, under any circumstances, however long ago.</i></p>	<p>Website www.childdeathhelpline.org.uk</p>
<p>THE COMPASSIONATE FRIENDS 53 North Street, Bristol. BS3 1EN</p> <p><i>A National self-help group of bereaved parents, offering support and friendship to bereaved parents and their families, including sibling support from other brothers and sisters (SIBBS).</i></p>	<p>Helpline 0845 123 2304</p> <p>Office 0845 120 3785</p> <p>Email helpline@tcf.org.uk</p> <p>Website www.tcf.org.uk</p>
<p>CRUSE BEREAVEMENT CARE Cruse House, 126 Sheen Road, Richmond-on-Thames, Surrey. TW9 1UR</p> <p><i>Offers a service of bereavement support, counselling, advice and opportunities for social contact. Good leaflets available on parents and children grieving. Publishes "Bereavement Care" journal three times per year.</i></p>	<p>Helpline 0808 808 1677</p> <p>Office 020 8940 1671</p> <p>Email info@rd4u.org.uk</p> <p>Website www.cruse.org.uk</p>
<p>DAISY'S DREAM PO Box 4738, Twyford, Reading, Berkshire , RG10 9GT</p> <p><i>Support for bereaved children and their families. Advice and support by telephone (nationally). Advice/training for professionals</i></p>	<p>Helpline 0118 934 2604</p> <p>Office 0118 934 2604</p> <p>Email info@daisysdream.org.uk</p> <p>Website www.daisysdream.org.uk</p>
<p>FOUNDATION FOR THE STUDY OF INFANT DEATHS (FSID) Artillery House, 11-19 Artillery Row, London. SW1P 1RT</p> <p><i>Offers a helpline to bereaved families, carers, professionals involved with bereaved families and anyone concerned about or affected by the death of a baby, including Cot Deaths. Promotes and sponsors research into causes and prevention. Publishes material on research, funding and counselling needs. Newsletter bi-annually.</i></p>	<p>Helpline 020 7802 3200</p> <p>Office 020 7802 3200</p> <p>Email office@fsid.org.uk</p> <p>Web www.fsid.org.uk</p>
<p>ORGAN AND TISSUE TRANSPLANTS BODY – British Organ Donor Society Balsham, Cambridge. CB21 4DL</p> <p><i>Acts as a self-help and support group for donor and recipient families. Runs a commemoration tree scheme whereby donor and recipient families can adopt a tree after a bereavement. Publishes and information pack.</i></p>	<p>Helpline 01223 893636</p> <p>Office 01223 893636</p> <p>Email body@argonet.co.uk</p> <p>Website www.body.orpheusweb.co.uk</p>

<p>PARENTS EXPERIENCING ADULT LOSS (PEAL) St Swithuns Institute, The Trinity, Worcester WR1 2PN</p> <p><i>A support service for parents who have a child aged 16 years or over who dies. There is no upper age limit for the child and their death could have been very recent or some years ago.</i></p> <p><i>PEAL is also a support service for people bereaved of a sibling aged 16 years or more.</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>01905 723001</td> </tr> <tr> <td>Office</td> <td>01905 723001</td> </tr> <tr> <td>Email</td> <td>peal@pealcentre.org.uk</td> </tr> <tr> <td>Website</td> <td>www.pealcentre.org.uk</td> </tr> </table>	Helpline	01905 723001	Office	01905 723001	Email	peal@pealcentre.org.uk	Website	www.pealcentre.org.uk
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Website	www.pealcentre.org.uk								
<p>ST CHRISTOPHER'S CANDLE PROJECT FOR BEREAVED CHILDREN AND THEIR FAMILIES</p> <p>St Christopher's Hospice, 51-59 Lawrie Park Road, London. SE26 6DZ</p> <p><i>The project offers a national telephone advice service for parents, carers and professionals during office hours Monday to Friday. Resources for parents professionals and children are available. The service can work directly with children who live in the South East London area.</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>020 8768 4586</td> </tr> <tr> <td>Office</td> <td>020 8768 4500</td> </tr> <tr> <td>Email</td> <td>info@stchristophers.org.uk</td> </tr> <tr> <td>Website</td> <td>www.stchristophers.org.uk</td> </tr> </table>	Helpline	020 8768 4586	Office	020 8768 4500	Email	info@stchristophers.org.uk	Website	www.stchristophers.org.uk
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Website	www.stchristophers.org.uk								
<p>SAMARITANS PO Box 90 90, Stirling FK8 2SA</p> <p><i>This organisation is available 24 hours a day, seven days a week, for people in emotional distress.</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>08457 90 90 90</td> </tr> <tr> <td>Office</td> <td>02476 678678</td> </tr> <tr> <td>Email</td> <td>jo@samaritans.org</td> </tr> <tr> <td>Web</td> <td>www.samaritans.org</td> </tr> </table>	Helpline	08457 90 90 90	Office	02476 678678	Email	jo@samaritans.org	Web	www.samaritans.org
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Email	jo@samaritans.org								
Web	www.samaritans.org								
<p>SANDS (Stillbirth and Neonatology Death Society) 28 Portland Place, London. W1B 1LY</p> <p><i>Encourages research into causes of neonatal death. Self-help groups. Leaflets.</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>020 7436 5881</td> </tr> <tr> <td>Office</td> <td>020 7436 7940</td> </tr> <tr> <td>Email</td> <td>helpline(@uk-sands.org</td> </tr> <tr> <td>Website</td> <td>www.uk-sands.org</td> </tr> </table>	Helpline	020 7436 5881	Office	020 7436 7940	Email	helpline(@uk-sands.org	Website	www.uk-sands.org
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Website	www.uk-sands.org								
<p>S.C.A.R.D. (SUPPORT AND CARE AFTER ROAD DEATH AND INJURY) PO Box No 62, Brighouse, West Yorkshire. HD6 3YY</p> <p><i>Support for people who have been bereaved, injured or affected by road death or injury.</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>0845 123 5542</td> </tr> <tr> <td>Office</td> <td>0845 123 5541</td> </tr> <tr> <td>Email</td> <td>info@scard.org.uk</td> </tr> <tr> <td>Website</td> <td>www.scard.org.uk</td> </tr> </table>	Helpline	0845 123 5542	Office	0845 123 5541	Email	info@scard.org.uk	Website	www.scard.org.uk
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Office	0845 123 5541								
Email	info@scard.org.uk								
Website	www.scard.org.uk								
<p>SURVIVORS OF BEREAVEMENT BY SUICIDE (SOBS)</p>	<table border="1"> <tr> <td>Helpline</td> <td>0844 561 6855</td> </tr> </table>	Helpline	0844 561 6855						
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<p>Survivors of Bereavement by Suicide The Flamsteed Centre, Albert Street, Ilkeston Derbyshire DE7 5GU</p> <p><i>Offers support by correspondence to people bereaved by suicide.</i></p>	<p>Office 0115 944 1117</p> <p>Email sobs.admin@care4free.net</p> <p>Website www.uk-sobs.org.uk</p>
<p>TAMBA Bereavement Support Group (Twins and Multiple Births Association) 2 The Willows, Gardner Road, Guildford, Surrey, GU1 4PG</p> <p><i>Tamba Bereavement Support Group is a befriending not a counselling service, giving encouragement and support to parents of twins, triplets or more. All Bereavement Support Group workers are volunteers and are bereaved parents themselves.</i></p>	<p>Helpline 0800 138 0509</p> <p>Office 0870 770 3305</p> <p>Website www.tamba-bsg.org.uk</p>
<p>WINSTON'S WISH Winston's Wish Head Office, Westmoreland House 80-86 Bath Road, Cheltenham, Gloucestershire, GL53 7JT</p> <p><i>Winston's Wish Family Line offers support, information and guidance to all those caring for a child or young person who has been bereaved. An interactive website is also available:</i></p>	<p>Helpline 08452 03 04 05</p> <p>Office 01242 515157</p> <p>Email info@winstonswish.org.uk</p> <p>Website www.winstonswish.org.uk</p>
<p>CRY Unit 7, Epsom Downs Metro Centre, Waterfield, Tadworth, Surrey, KT20 5LR</p> <p><i>Offers help, support and counselling to families where there has been a sudden cardiac death of an apparently fit and healthy young person (sudden death syndrome).</i></p>	<p>Helpline 01737 363 222</p> <p>Office 01737 363 222</p> <p>Email cry@c-r-y.org.uk</p> <p>Website www.c-r-y.org.uk</p>
<p><u>Local Organisations</u></p>	
<p>BEYOND THE HORIZON Bereavement Counselling and Widening Horizons Project Holy Cross Community Centre, 29 Beauchamp Road, Billesley, Birmingham. B13 0NS</p> <p><i>Support for children, young people and families who had been bereaved by death or feeling unhappy after the divorce or separation of their parents through counselling and other activities for children and young people living in Birmingham.</i></p>	<p>Helpline 0121 430 7529</p> <p>Office 0121 430 7529</p> <p>Email jeanette@beyondthehorizon.org.uk</p> <p>Website www.beyondthehorizon.org.uk</p>
<p>BIRMINGHAM COUNCIL OF FAITHS Birmingham Council of Faiths,</p>	<p>Helpline</p>

<p>Lonsdale House, 52 Blucher Street ,Birmingham ,B1 1QU</p> <p><i>Information regarding faith and cultural care in the West Midlands.</i></p>	<table border="1"> <tr> <td>Office</td> <td>07717 268412</td> </tr> <tr> <td>Email</td> <td>info@bhamfaiths.org.uk</td> </tr> <tr> <td>Website</td> <td>www.bhamfaiths.org.uk</td> </tr> </table>	Office	07717 268412	Email	info@bhamfaiths.org.uk	Website	www.bhamfaiths.org.uk		
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Website	www.bhamfaiths.org.uk								
<p>BRAMBLE'S TRUST PO Box 1372, Bewdley, Worcestershire. DY12 2GT</p> <p><i>A bereavement support programme for children and young people who have experienced the death of a close relative. Working across North Worcestershire, South Shropshire and some parts of the West Midlands.</i></p>	<table border="1"> <tr> <td>Tel</td> <td>01299 402322</td> </tr> <tr> <td>Email</td> <td>brambletrust@clara.net</td> </tr> </table>	Tel	01299 402322	Email	brambletrust@clara.net				
Tel	01299 402322								
Email	brambletrust@clara.net								
<p>CRUSE BEREAVEMENT CARE King Edward Building, 205 Corporation Street, Birmingham. B4 6SE</p> <p><i>Promotes the well being of bereaved people and to enable anyone bereaved by death to understand their grief and cope with their loss.</i></p> <p><i>Provides guidance for young children and teenagers coping with the loss of a loved one</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>0121 687 8010</td> </tr> <tr> <td>Office</td> <td>0121 687 8011</td> </tr> <tr> <td>Email</td> <td>info@cruisebirmingham.org.uk</td> </tr> <tr> <td>Website</td> <td>www.cruisebirmingham.org.uk</td> </tr> </table>	Helpline	0121 687 8010	Office	0121 687 8011	Email	info@cruisebirmingham.org.uk	Website	www.cruisebirmingham.org.uk
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Email	info@cruisebirmingham.org.uk								
Website	www.cruisebirmingham.org.uk								
<p>HAMARA PO Box 9766, Oldbury, West Midlands. B69 4WB</p> <p><i>Counselling and support for young Asian Women.</i></p>	<table border="1"> <tr> <td>Tel</td> <td>0121 544 1711</td> </tr> </table>	Tel	0121 544 1711						
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<p>ORGAN AND TISSUE TRANSPLANTS West Midlands Donor Transplant Coordinators</p>	<table border="1"> <tr> <td>Tel</td> <td>0121 6272422</td> </tr> </table>	Tel	0121 6272422						
Tel	0121 6272422								
<p>SOLIHULL BEREAVEMENT COUNSELLING SERVICE Ullswater House, Solihull Hospital, Lode Lane, Solihull. B91 2JL</p> <p><i>Team of highly qualified counsellors provides one to one support for both adults and children in the Solihull Borough, either at home or in rooms at Solihull Hospital. SBCS provide a full range of support services and can offer help to parents, teachers and others who are dealing with a bereaved young person.</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>0121 424 5103</td> </tr> <tr> <td>Helpline</td> <td>0121 424 1476</td> </tr> <tr> <td>Website</td> <td>www.heartofengland.nhs.uk</td> </tr> <tr> <td></td> <td></td> </tr> </table>	Helpline	0121 424 5103	Helpline	0121 424 1476	Website	www.heartofengland.nhs.uk		
Helpline	0121 424 5103								
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Website	www.heartofengland.nhs.uk								
<p>SUNRISE West Midlands Child Bereavement Centre, Edward's Trust, 43a Calthorpe Road, Edgbaston, Birmingham. B15 1TS</p> <p><i>Sunrise aims to support all those affected by the death of a child, in particular parents and siblings.</i> <i>Sunrise offers free, confidential support and counselling to children of school age who are bereaved following the death of a parent, carer or sibling.</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>0121 456 4838</td> </tr> <tr> <td>Office</td> <td>0121 456 4838</td> </tr> <tr> <td>Website</td> <td>admin@edwardstrust.org.uk</td> </tr> </table>	Helpline	0121 456 4838	Office	0121 456 4838	Website	admin@edwardstrust.org.uk		
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Office	0121 456 4838								
Website	admin@edwardstrust.org.uk								
<p><u>Organisations offering support regarding subsequent children</u></p>									
<p>ARC Antenatal Results and Choices 73 Charlotte Street, London. W1P 1LB</p> <p><i>Offers information and support to parents during antenatal</i></p>	<table border="1"> <tr> <td>Helpline</td> <td>0207 631 0280</td> </tr> <tr> <td>Office</td> <td>0207 631 0285</td> </tr> </table>	Helpline	0207 631 0280	Office	0207 631 0285				
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Office	0207 631 0285								

<i>testing and post birth.</i>	Email info@arc-uk.org
	Website www.arc-uk.org
<u>Interpretation Services</u>	
THE BRASSHOUSE TRANSLATION AND INTERPRETING SERVICES Interpreting and Translating Brasshouse Centre, 50 Sheepcote Street, Birmingham. B16 8AJ	Tel 0121 303 0114
	Email brasshouse@birmingham.gov.uk
	Website www.birmingham.gov.uk/ /brasshouse
FIVE STAR (B.I.T.) LIMITED Interpreting and Translating Agency Unit 12, Southside, 249 Ladypool Road, Birmingham. B12 8LF	Helpline 0845 466 5131
	Tel 0121 446 5197
	Email mail@5starbit.co.uk
	Website www.5starbit.co.uk
INTERPRETING AND TRANSLATING AGENCIES BCH have their own interpretation services	Tel 0121 333 8016/8017
	Email interpreters.department@bch.nhs.uk
	Website www.bch.org.uk