

Are you the parent or carer of a child with additional needs and/or disabilities?

It can sometimes be really difficult to find someone who might understand and to find out where to go to get help!

Parent Champion Volunteers use their own experience as parents or carers of a child with additional needs and/or disabilities to help others at 'drop in' and 'stay and play' sessions across Solihull.

They are friendly groups of parents who are ready to welcome others who might want to share experiences, find out information or just have a chat and cup of tea with people who might understand.

Shirley Heath stay and play

Tuesday 9.30am-11am

Shirley Heath Children's Centre
Coombe Road,
Shirley, B90 3DS

Bentley Heath stay and play

Monday 9.30am-11am

Keystone Children's Centre
Bentley Heath C.E. Primary School
Widney Close,
Bentley Heath, B93 9AS

Chelmsley Wood drop in*

Wednesday 9.30am-11am

Chelmsley Wood Children's Centre
2 Chelmsley Circle,
Chelmsley Wood, B37 5UH

Lyndon drop in*

Thursday 9.15am-11.30am

Lyndon Children's Centre
Lyndon Road,
Solihull, B92 7QF

- **Sessions run during term time**
- *** Crèche available for the 'drop in' sessions**

Please note you are welcome to attend the play and stay sessions with or without your children