

Drug Treatment in Solihull

A description of services available for residents in need of help with drug problems 2005-06

Prepared for Solihull Crime and Disorder Reduction Partnership/Drug Action Team

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Introduction

The aim of this Directory is to ensure that people from Solihull who are experiencing difficulties with their own, or another person's, use of drugs are able to get help from the most appropriate service for their needs, at the right time. The Directory will assist workers and volunteers in local services to find information about specialist substance misuse organisations and make referrals as effectively and efficiently as possible, as required by *Models of care*, the National Service Framework for Substance Misuse.

What is *Models of care*?

Models of care describes a tiered approach to the planning, commissioning and delivery of the range of services that the National Treatment Agency for Substance Misuse (NTA) requires to be available to residents of each DAT area.

- **Tier 1** – Generic health, social care and criminal justice services providing substance education, information, identification and referral of substance misusers.
- **Tier 2** – Specialist services providing all of tier 1, plus open access substance-related prevention and targeted education, advice and general counselling.
- **Tier 3** – Structured community-based specialist services providing interventions for people with complex needs, requiring multi-disciplinary team work.
- **Tier 4** – Services providing very specialised and intensive forms of intervention for substance misusers, including residential services and mental-health teams.

Models of care emphasises the need for the range of interventions across the four tiers to be built together into an integrated system so as to effectively meet the differing needs of drug users. Therefore services will be working together to plan and co-ordinate packages of treatment and support. The diagram below (p4) shows the way different services are organised together and the overall referral and care pathways that are provided to ensure clients receive the right level and type of treatment for their needs.

How to make a referral

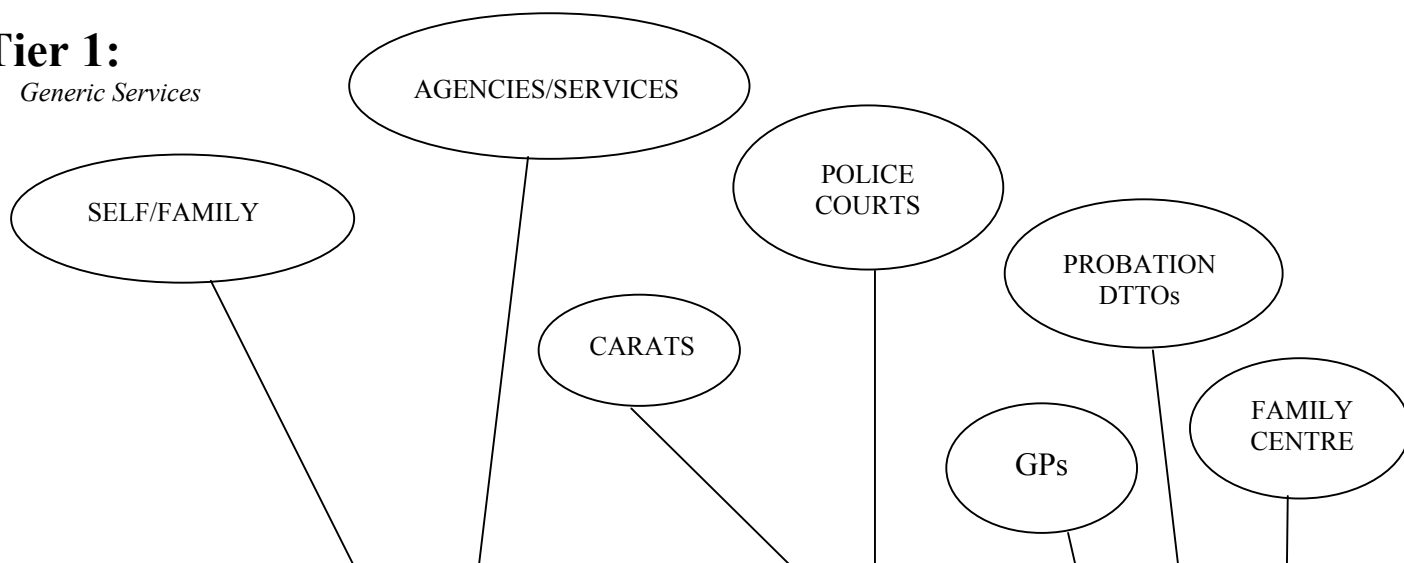
- If you are seeking to refer a client for treatment the first point of contact should almost always be at Welcome. An early appointment for the client can be arranged by phoning Welcome direct on 0121 678 4743. Please also complete and send to Welcome (address on page 6) the copiable *Screening & Referral Form* which can be found at page 14.
- If it is not possible for you to arrange an appointment for the client by phone please fill in and send the Screening and Referral form – Welcome staff will then arrange an appointment for the client.
- If you feel the client is at present not ready for formal, structured, treatment but would benefit from general advice and support, or harm reduction services such as needle exchange, a formal referral will not be needed and the client may call in to the Welcome open access services detailed on pages 6 and 7.
- There are a small number of cases where referral can be made directly to the specialist medical service at the Bridge (page 12). These are cases of clients considered by the courts for Drug Treatment and Testing Orders (or Drug Rehabilitation Requirements), clients with severe and enduring mental health problems or referrals of drug using parents made by the Family Centre.
- In all other cases please ensure that referral is made to Welcome so that we can assess needs consistently and plan and co-ordinate a package of care suited to the clients needs.

Solihull Integrated Care Pathway for Problem Drug Users

January 2005

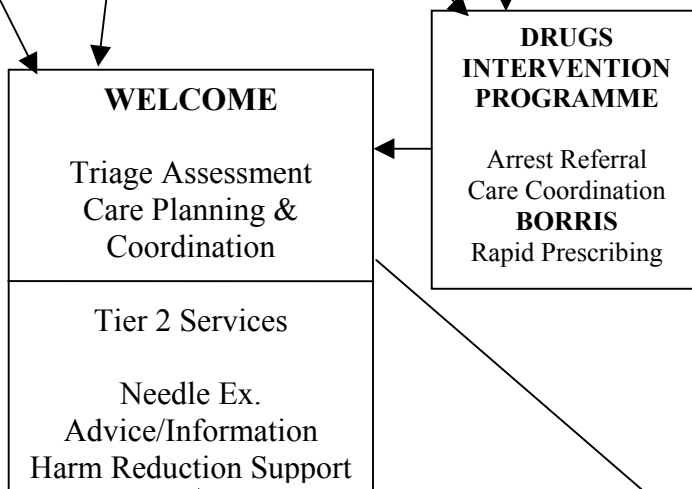
Tier 1:

Generic Services



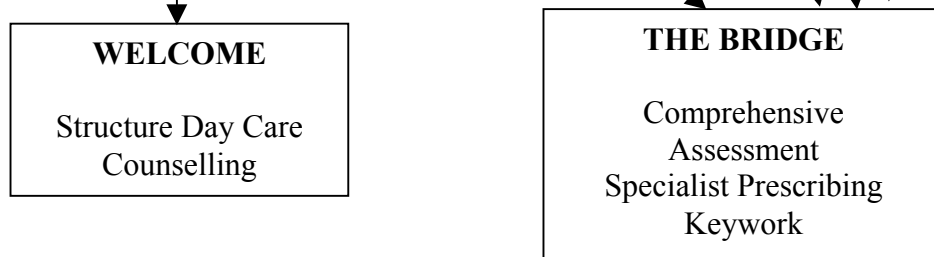
Tier 2:

Open Access Specialist Services



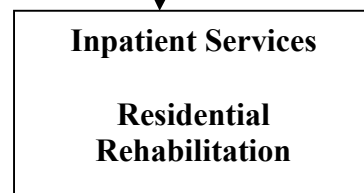
Tier 3:

Structured Community Based Treatment

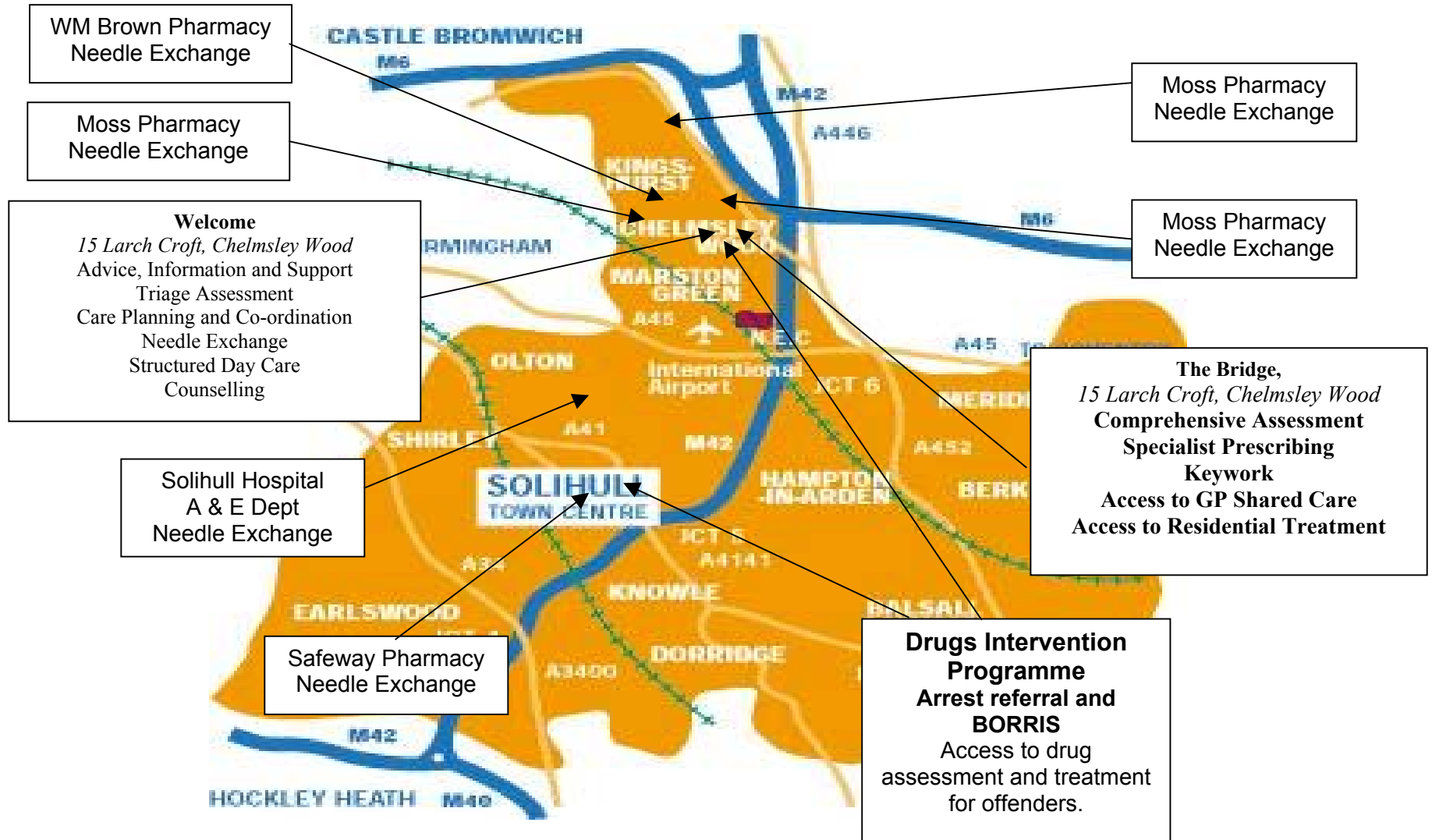


Tier 4:

Residential Treatment Services



Location of Services



Advice, Information and Support

Provider:	Welcome
Contact details:	Middlewood House, 15 Larch Croft, Chelmsley Wood Solihull B37 7UR Tel: 0121 678 4730 Fax: 0121 678 4731
Aims:	Easy access confidential advice, information and support for drug users or their families/carers.
Availability:	Open for callers 10.30 am to 4.30 pm, Monday to Friday
Eligibility criteria:	Any residents of Solihull Borough
Access Pathway:	Self referral – anyone may call in person or by telephone during the opening hours.
Service content:	<ul style="list-style-type: none"> • Confidential advice • Information on drugs and available treatment • Personal support and encouragement • Benefits advice • Referral for housing/accommodation advice • Laundry and shower facilities • Support for families • Acupuncture • Refreshments

Needle exchange

Provider:	Welcome and participating Pharmacies			
Contact details:	Welcome, 15 Larch Croft, Chelmsley Wood Solihull B37 7UR Tel: 0121 678 4730	Moss Pharmacy, 153 Bosworth Drive, Chelmsley Wood, B37 5BT	Moss Pharmacy, 5 Craig Croft, Chelmsley Wood, B37 7TR	
	Moss Pharmacy, 22 Arran Way, Chelmsley Wood, B36 0QG	W M Brown, 15/17 The Parade, Kingshurst, B37 6BA	The Pharmacy, Safeway Stores, George Road, Solihull B91 3BQ	A&E Dept. Solihull Hospital, Lode Lane, Solihull
Aims:	To ensure injecting drug users have easy access to free, sterile injecting equipment – thus preventing the spread of infection.			
Availability:	Welcome is open for callers 10.30 am to 4.30 pm, Monday to Friday Pharmacies are open as per their advertised hours.			
Eligibility criteria:	Any residents of Solihull Borough			
Access Pathway:	Self referral – anyone in need may call during the opening hours.			
Service content:	<ul style="list-style-type: none"> • Free sterile needles and syringes • Safe containers for used equipment • Facilities for return of used equipment • Additional paraphernalia at Welcome • Advice on safer injecting at Welcome 			

Triage Assessment

Provider:	Welcome
Contact details:	Middlewood House, 15 Larch Croft, Chelmsley Wood Solihull B37 7UR Tel: 0121 678 4743 Fax: 0121 678 4731
Aims:	To provide for the assessment of all applicants for treatment – ensuring identification of needs and appropriate services, onward referral and ongoing care co-ordination where required.
Availability:	Open for callers 10.30 am to 4.30 pm, Monday to Friday
Eligibility criteria:	Any residents of Solihull Borough
Access Pathway:	Self referral or referral from other agencies – using screening/referral form (see page 13)
Service content:	<ul style="list-style-type: none"> • Needs assessment • Risk assessment • Response to immediate need • Agreement of initial Care Plan with client • Referral for commencement of treatment

Structured Day Programme

Provider:	Welcome
Contact details:	Middlewood House, 15 Larch Croft, Chelmsley Wood Solihull B37 7UR Tel: 0121 678 4730 Fax: 0121 678 4731
Aims:	To assist clients with substance misuse problems to achieve and sustain abstinent and stable lives.
Availability:	According to individual programme agreed with client.
Eligibility criteria:	<ul style="list-style-type: none"> • Resident of Solihull Borough • Background of drug misuse • Age 18 or over • Stable accommodation • Subject to satisfactory risk assessment <p>Clients are NOT eligible if:</p> <ul style="list-style-type: none"> • Overriding mental health issues • Convictions for arson, certain violent or sexual offences • Homeless or ‘sofa surfing’
Access Pathway:	Clients must have received triage and comprehensive assessments and be in treatment in accordance with an agreed care plan.
Service content:	<ul style="list-style-type: none"> • Individualised, flexible programmes • Planned to engage clients for 13 weeks • Clients receive service co-ordinated by a named worker. • Subsequent after-care support available • Containing both one-to-one and group elements • Addressing drug use directly together with psychological, emotional and social aspects of need • Regular review of progress

Drug Counselling

Provider:	Welcome
Contact details:	Middlewood House, 15 Larch Croft, Chelmsley Wood Solihull B37 7UR Tel: 0121 678 4740 Fax: 0121 678 4731
Aims:	To assist individuals, couples, groups or families to understand and tackle problems connected with drug misuse.
Availability:	According to individual programme of appointments agreed with client, either at Welcome or any alternative suitable venue within the borough.
Eligibility criteria:	Any residents of Solihull Borough - minimum age 11 years.
Access Pathway:	Self referral or agency referral. Individuals seeking help with their own drug problem will have experienced triage and comprehensive assessment and attend as part of an agreed care plan.
Service content:	<ul style="list-style-type: none"> • One hour sessions, usually weekly, with a qualified counsellor. • Initial clear agreement about focus and aims • Regular review of progress • Confidential service • Non-judgemental, client centred, eclectic approach.

Specialist Prescribing

Provider:	The Bridge Substance Misuse Service
Contact details:	The Bridge 15 Larch Croft, Chelmsley Wood Tel: 0121 678 4900 <i>Arrangements can also be made for appointments at other venues in the Borough.</i>
Aims:	To provide community based prescribing interventions, including medical, social and psychological support, for the treatment of Class A drug dependant adults.
Availability:	Services are delivered by appointment. Contact can be made by telephone or personal visit during normal office hours Mon – Fri.
Eligibility criteria:	Any residents of Solihull Borough
Access Pathway:	Clients will enter treatment after a Triage assessment and onward referral. The Triage assessment will normally be conducted by Welcome or by DIP staff.
Service content:	<ul style="list-style-type: none"> • Assessment to establish the client’s severity of dependence. • Substitute prescribing for opiate dependence. • Inpatient and Outpatient detoxification for opiate or alcohol dependent clients. • Psychotherapy including motivational interviewing, cognitive behaviour therapy, supportive psychotherapy and relapse prevention. • Complementary therapies, e.g. acupuncture and relaxation. • Care planning, keywork and regular review. • Tier 3 treatments for Drug Treatment and Testing Orders. • Tier 3 service for parents and families where there is opiate or alcohol dependence (accessed via Solihull Social Services only). • Access to tier 4 residential rehabilitation treatments.

Shared Care with GP

Provider:	Solihull GPs in partnership with The Bridge
Contact details:	Via local GPs or at The Bridge 15 Larch Croft, Chelmsley Wood Tel: 0121 678 4900
Aims:	To provide for suitable patients to receive medical treatment and support for drug dependency within the normal GP setting.
Availability:	As per GP hours.
Eligibility criteria:	Solihull residents with a GP ready to undertake treatment within the terms of the scheme.
Access Pathway:	Referral by The Bridge to local GP after suitable stabilisation and assessment within the specialist prescribing service.
Service content:	<ul style="list-style-type: none"> • Provision of substitute medication for the stabilisation and reduction of drug dependency. • Provision of appropriate advice, care and general medical services. • Case management by GPs to be supported by specialist expertise – including a Key Worker. • Joint care planning and regular reviews.

Services for Offenders

Provider:	Drugs Intervention Programme	
Contact details:	<p>Central Service Contact Chelmsley Wood Police Station Ceolmund Crescent Solihull North B37 5UB</p> <p>Tel: 0121 788 0753</p>	<p>Police based services operate at: Chelmsley Wood Police Station Ceolmund Crescent Solihull North B37 5UB and Solihull Police Station Homer Road Solihull B91 3QL</p>
	<p>Court based service operates at Solihull Magistrates Court</p>	<p>Prison based service operates at HMP Blakenhurst through the BORRIS project – Project Manager Naida Begum, 01527 400574</p>
Aims:	To engage drug misusing offenders in treatment and break the drug/crime cycle	
Availability:	<p>Police based arrest referral operates from 8 am to 11 pm everyday Court based service operates from 9 am to 5 pm Mon-Fri. BORRIS service available 8.30 am – 5 pm Mon, Tues, Thurs at Blakenhurst and Wed & Fri at Larch Croft, Chelmsley Wood</p>	
Eligibility criteria:	All offenders who find themselves within the Solihull Borough Criminal Justice system	
Access Pathway:	<p>Self referral at Police Station, Court or HMP Blakenhurst. Agency referral via Drug Intervention Team at Chelmsley Wood Police Station.</p>	
Service content:	<ul style="list-style-type: none"> • Confidential advice • Information on Drugs and available Treatment • Triage assessment for access to treatment and support • Throughcare and aftercare support in liaison with other treatment and care providers • Care co-ordination and review 	

Solihull Substance Misuse Services Referral Form

Drug Screening Assessment

This is a referral form to specialist drug services. If the client is in need of immediate help with serious physical problems, please use regular medical/emergency services.

Client's details

Forename(s) Surname

Age DOB Male/Female NHS No

Address (c/o)

.....

Post Code Tel No..... Other Contact No.....

Please fill in details by obtaining Client's view of the situation. This information is not compulsory for sending a referral but helpful in deciding where to refer a person to.

Referrer's Details (Please add attachments from your own assessment, if appropriate)

Name..... Designation Date.....

Relationship to Client..... Length of time you have known Client m yr

Agency Address

..... Post Code

Telephone No Fax No Email

Ethnic Category					Nationality
White	Mixed	Asian/Asian British	Black/Black British	Other Ethnic	
A British	D White & Black Caribbean	H Indian	M Caribbean	R Chinese	1 UK
B Irish	E White & Black African	J Pakistani	N African	S Any Other	2 EU National
C Other White	F White & Asian	K Bangladeshi	P Other Black	Y Not Known	3 Other
	G Other Mixed	L Other Asian		Z Not Stated	National
					4 Not Known

Drug Use:-	Specify which	Prescribed (YES/NO)	Route (IV, Smoke, oral, sniff other)	Problem – physical/psychological health, family, relationships, work, housing, employment, finances, legal
Amphetamines				
Cannabis				
Cocaine/crack				
LSD/XTC				
Solvents/inhalants				
Heroin/ DF118				
Methadone				
Sedatives				
Tranquillisers				
Other -				

Alcohol Use:-		Problem(s)
Have you ever felt you should cut down on your drinking?	Yes/No	
Have people annoyed you by criticising your drinking?	Yes/No	
Have you ever felt bad or guilty about your drinking?	Yes/No	
Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?	Yes/No	

Client's view of main problem

To assist prioritisation of referrals, please indicate if problems below are applicable & give brief details			
	Physical health conditions or symptoms that are likely to require treatment		Concern that the client may represent a safety threat to self or others
	Child care/child protection concerns		Client is pregnant (Due date: __ / __ / __)
	Mental health concerns		
Details:			

Accessibility needs (please tick any that apply)			
Disabled	Transport	Childcare responsibilities	Other (please give details)

Client Consent

I consent to

- This referral being made and the information sent to the organisation YES/NO
- Being contacted by telephone / mobile / text / letter / through referring agency only YES/NO
- I will call in for an appointment. (The information will be held for two weeks) YES/NO
 (Please supply Service leaflet with contact /address details)

Signed..... Name Date

For Substance Misuse Service use (records/audit: each step should be initialled by the worker completing it)			
Referral form received	Date: __ / __ / ____	Receipt confirmed	Date: __ / __ / ____
Client contacted	Date: __ / __ / ____	Contact method	Tel / Mob / Txt / Let / Agency
Appropriate referral	Appointment booked	Date: __ / __ / ____	Appointment Date: __ / __ / ____
	Referrer notified	Date: __ / __ / ____	
Inappropriate referral			
Referral forwarded	Service:		Date: __ / __ / ____
Referrer notified	Reason:		Date: __ / __ / ____