

## Can you deliver general drugs awareness?

Unfortunately, we're unable to provide this service. Schools should contact their advisory teachers on 0121 707 9488 for further support. Alternatively, the following organisations provide additional information and resources:

**Frank Helpline: 0800 77 66 00**

**[www.talktofrank.com](http://www.talktofrank.com)**

**[www.drinkaware.co.uk](http://www.drinkaware.co.uk)**

**[www.alcoholandfamilies.org.uk](http://www.alcoholandfamilies.org.uk)**

## Contact details:

**Str8 Up Young People's Drug and Alcohol Service**

Keepers Lodge, Chelmsley Road  
Chelmsley Wood, B37 7RS.

**Phone: 0121 788 5390**

**Text: 07795 400 755**

**Email: [str8up@solihull.gov.uk](mailto:str8up@solihull.gov.uk)**



## Str8 Up Young People's Drug and Alcohol Service



## Information for professionals



The  
Solihull  
Partnership

## What is Str8 Up?

**We are a specialist team providing a treatment service for young people who are having difficulties with their own drug, alcohol or solvent use. This is through one-to-one, care-planned interventions.**

## Are you qualified to do this?

As a team, we are from a mix of backgrounds including social work, youth work, psychology and addictions and are all qualified to a level 3 standard or higher.

## What does treatment involve?

This is a specialist service for 11 to 18 year olds affected by their own substance misuse. Working predominantly on a one-to-one basis, we deliver direct interventions through a care-planned approach drafted from a comprehensive substance misuse assessment. Treatment can involve a combination of any of the following: Care co-ordination, counselling, prescribing, harm reduction, relapse prevention, talking therapies, CAMHS case reviews, links to diversionary activities, referrals and sign posting to other services.

## What happens during a one-to-one session?

We address ways of reducing the harmful impact of the substance the young person is taking. Coping strategies, techniques for cutting down and ways of preventing relapse are explored along with the underlying causes of their substance misuse and any other issues that may be affecting them. This support is available as ongoing if required and is not time limited.

## What outcome do you expect?

Ultimately we want all young people to be completely safe from the harm of substances, however some people may not be ready to achieve abstinence. In these cases we work with them from a harm reduction approach.

## Who can access your services?

Any young person that lives in the Solihull borough OR attends a Solihull school and fits our age criteria, 11–18 years old.

## How do I make a referral?

If you are a professional, we ask that you use the Drug Use Screening Tool (DUST) this helps to identify the risk factors prevalent for substance misuse. The DUST then acts as a referral form for accessing Str8 Up's services. Parents, carers and

families can make a referral and young people are able to refer themselves by calling the service on **0121 788 5390**. They do not need to complete any paperwork.

As we are a voluntary service, we always need the consent of the young person when a referral is made. We can accept referrals without parental consent, although there are certain situations related to age and Fraser Competence when we cannot.

We are happy to discuss any possible referrals you may have at any time. Please call us on the number above.

## What happens after referral?

Based upon the information provided we decide whether or not we can accept the referral. If necessary, we will phone you for more information.

We aim to offer the young person an appointment within five working days of receiving the referral and will confirm this with you when we have done so.

This first appointment will be as relaxed and informal as possible. We will introduce ourselves to the young person (and their parents or carers if in attendance), discuss their needs and explain the ways in which we can help. This will also be the starting point of our assessment.

If we are able to meet their needs then we will offer them another appointment within 10 working days. Further one-to-one sessions will be available based upon individual need.

## Where will sessions be held?

Those from the north of the borough will usually be asked to attend our Keepers Lodge site. Those in the south will usually be seen at connexions venues either in Shirley or central Solihull. Where necessary we can make alternative arrangements.

## What about confidentiality?

Our service is confidential. However, we do share information with other agencies when we have the consent of the young person and/or when it's in their best interest. We have a duty to share information when the young person is being harmed, at significant risk of harm or is harming a third party. Our policy is fully explained when we meet with the young person (and their parents or carers).