

Volunteering Opportunities in Solihull



Solihull Samaritans

The Samaritans are looking for volunteers who are vital to ensure that the service remains available round the clock every day of the year. They welcome and value every volunteer, from all walks of life. Whatever your interests, experience or skills, they have a role for you, and will train, mentor and support you in whatever role you choose to do.

As well as supporting people when they need someone to talk to or they are going through a difficult time in their life, volunteers undertake outreach in the community and take on other roles, such as marketing, communication, fundraising, health and safety and branch maintenance.

Depending on the role you are interested in you will go through different steps to become a volunteer. These include:

- Attending an information session
- Having an interview
- Providing references
- Attending induction training

Listening volunteers also attend a selection process, receive training and mentoring and complete a probation period. This helps you to decide if volunteering with Samaritans is the right thing for you. To find out more, please email volunteer@solihullsamaritans.org.uk or visit www.samaritans.org/



PAPYRUS Prevention of Young Suicide

PAPYRUS is the national charity dedicated to the prevention of young suicide. They provide confidential support and suicide intervention through a national helpline (HOPELINEUK), campaign and influence local and national policy and help others to prevent suicide by training communities in suicide prevention and intervention skills. They are looking for volunteers who are passionate about preventing young suicides in their communities. They have a variety of different volunteering opportunities to suit all availabilities and skills such as:

- Delivering short awareness raising talks
- Raising awareness and challenging stigma at events
- Representing PAPYRUS on local suicide prevention panels
- Distributing PAPYRUS and HOPELINEUK literature
- Fundraising

To find out more about supporting their work in the West Midlands, you can get in touch please call 0121 437 0411, email westmidlands@papyrus-uk.org or visit www.papyrus-uk.org/



Cameron Grant Memorial Trust

This charity was set up in memory of a local resident, Cameron Grant. Are you in a position to help with their marketing, social media and website? Would you like to fundraise, get Cameron's Coasters, Cups and Cards into more communities or help on the Night Walk? To find out more about volunteering, please email info@camgrant.org.uk or visit www.camgrant.org.uk/