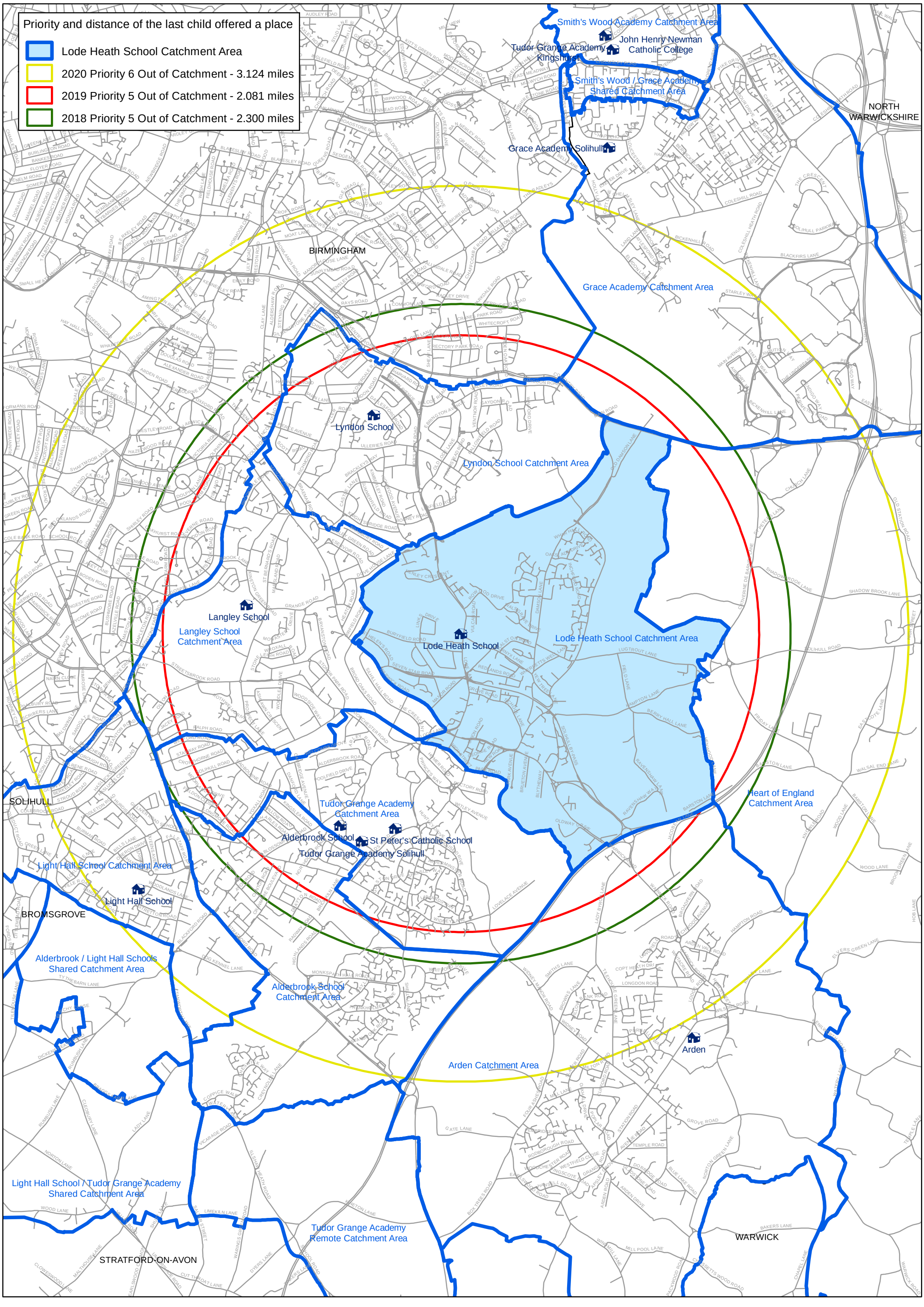Lode Heath School