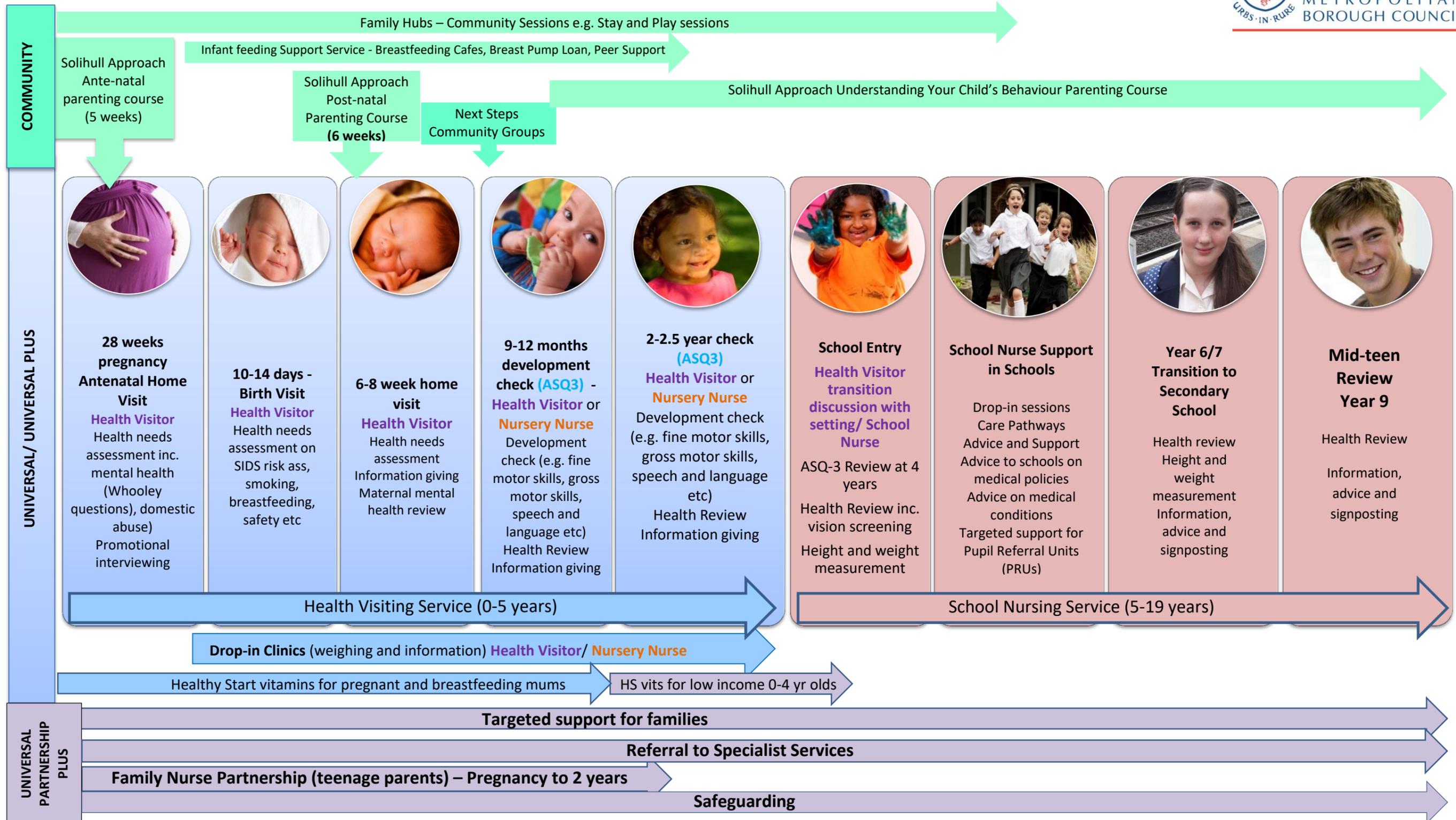


Healthy Child Programme in Solihull (0-19 years)



SERVICE MODEL

4

LEVELS

Community Universal – for everyone
Universal Plus – specific expert help when needed
Universal Partnership Plus – specialist longer term support

8

CHECKS

Pre-birth
 New Baby
 6-8 weeks
 1 Year
 2-2 1/2 Year
 Starting Primary School
 Year 6/7 transition
 Mid-teen review/Year 9

10

HIGH IMPACT AREAS

- Transition to parenthood
- Maternal Mental Health
- Breastfeeding
- Healthy Weight
- Managing minor illness and accident prevention
- Healthy 2 year olds and school readiness
- Transition to school
- Building resilience, self-esteem and confidence
- Addressing risky behaviours in adolescents
- Whole-school/community approaches to health improvement