

Body Awareness

- **Draw:**
Draw around peers to make collage.
- **Dress Teddy:**
discuss what teddy can wear on different parts of his body according to the weather.
- **Obstacle Course:** Encourage turning and changing direction.
- **Crawl:**
Crawl through tunnels or objects that touch the body.
- **Doll Washing:**
Use bowls of soapy water, towels etc, and question children: 'are her legs dirty? Is her back dry?' etc.
- **Mixed up pictures:**
example hat on feet, trousers on hear, ask children to correct them, naming body parts.
- **Rhymes:**
'What can you do, what can you do I can rub my tummy can you do it too?'
- **Choices:**
Encourage children to make choices, e.g. wiggle toes, shrug shoulders, tap knees, touch nose.
- **Potato People:**
Assemble body parts on Mr. and Mrs. Potato head toys
- **Cut:**
Cut out different body parts, piece together on paper to create a person.
- **Read:**
Read appropriate stories, such as Funny Bones.

Early Years Support & Assessment Team (EYSAT)

- **Passing Games:**

Get the children to choose a scarf passing box around the circle singing 'Choose a scarf and pass it on' to the tune of London Bridge is falling down. Watch what they do with it, encourage them to join in e.g. Rebecca is waving her scarf on her head scarf on her head can we do the same? 'Can you put your scarf on your arm, balance on your shoulder scrunch in your hands, squeeze it between your legs, pass it round your body, tickle your face etc.