

Organisational Skills

- Give clear instructions.
- Keep belongings in a particular place, ensuring that they are labelled.
- Planning boards, picture charts e.g. what comes next (PE dressing/undressing).
- Markers on a clock to indicate how long things last, e.g. use an egg timer.
- Revolving calendar child can change each morning.
- Buddy, consistent friend.
- Rewards charts.
- Achievable targets.
- Dressing: sit on carpet tile or chair (avoid wandering).
- Key ring attached to pump bag to help identify.
- Pegs clearly labelled, child can identify peg better if his/hers is the first of last peg in line.
- Place markers on floor for standing or starting positions e.g. stop hand reminding to wait before running outdoors, coloured line along walls making it easier to follow.



Dressing Skills

- Dressing jigsaws.
- Computer games.
- Fuzzy felt pictures.
- Sequencing pictures of someone getting dressed.
- Books/stories.
- Talk through dressing process e.g. trousers going over foot, ankle, knee, use same process all of the time.

