

52 Things to Support your Child's

Speech and Language Skills.

Obstacle Course in the Woods!



Game: Obstacle course in the woods!

Go to a park or the woods and set up a safe obstacle course for your child to experience.

Give your child fun instructions to complete the obstacle course eg: run into the den, jump over the log, stand behind the tree and then hop through the mud! You can change the actions (running, hopping, jumping) and change the prepositions (over, under, through, beside, on top of).

Let your child give you instructions to complete the obstacle course. Did you do it correctly or did you purposefully make a mistake? 😊

Make it easier: demonstrate the route as you say it to your child. Reduce the amount of instructions and actions that they have to follow.

Make it harder: give more instructions and use more complex prepositions such as besides, above, across, against, between.

