



## 52 Things to Support your Child's Speech and Language Skills.



### Playdough Play!

Use ready made playdough or have some fun making your own together. Talk about the process and the changes they can see happening when the wet ingredients mixes with the dry.

#### Ingredients:

**2 cups flour**

**1 cup salt**

**1 cup water**

**1tbs cooking oil**

**Food colouring**

#### Method:

- 1) Mix the flour and salt in a large bowl.
- 2) Add the oil, water and food colouring.
- 3) Knead well until mixture is smooth but not sticky

Keep dough in food bag to prevent it from going hard.

Once your playdough is ready, have some fun playing with it together making lots of different shapes.

Make it easier: Use short single words to describe what you are doing - pinch, roll, cut, squeeze, splat. Repeat the words as you play "pinch, pinch, pinch".



Make it harder: Use verbs such as rolling, pushing, squeezing, squashing to describe what you are doing "I am rolling the dough", "You are squeezing the dough".



Activity 16: brought to you by SISS SLCD Team.

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SOLIHULL  
TALKING!