

8th Edition - Winter Time To Play Home Learning Pack!



As a S.P.I Team we recognise this year has been challenging for us all in different ways and following your positive parental feedback, we have put together a winter themed edition of activities you may like to undertake.

We hope that you will enjoy Watching the animation of The Snowman as a resource for providing a rich source of ideas and activities.

We've tried to make the activities accessible to everyone where possible. To support with this check out the S.P.I.Team Top Tip slides as you go throughout this resource.

REMEMBER, these are suggestions for activities to do at home. You do not have to do them, we just want to give continued learning support and assist in giving focus/structured ideas for the time you wish to engage with the topic ideas.

The MAIN objective is, dip in, have a go, get the family involved and have fun!

The Snowman



Animated story time

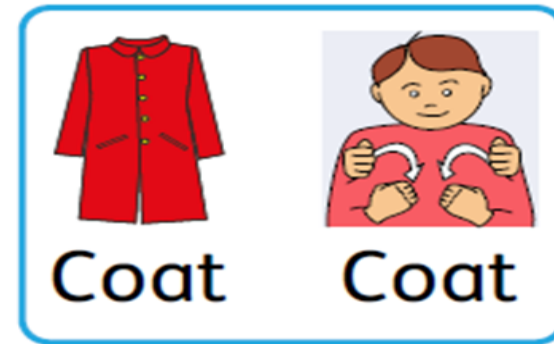
<https://m.youtube.com/watch?v=ZE9KpobX9J8>



Clothes signs



Ooooo, you can learn your winter clothes signs, before going for your winter walk.
Keep warm!





Snowman

Winter Walk.



If you're able to get out and about on a winter walk, take the opportunity to talk to your child about what they can see, hear, touch and smell.

Encourage your child to use all senses available to them. If they are not able to do this for themselves, bring items like leaves and flowers to them for a tactile hands on experience. You could take photographs and record sounds on your phone so that you can look at them later - you can enlarge your photos by looking at them on your tablet.

Another idea is to take some of these items home and make a winter themed tactile book. (See next slide)

Make a Winter Themed Tactile Book.



Snowman



You will need:

- Interesting items from your walk, garden or home, choose things that have different textures, make a noise or have a fragrance.
- A folder - you could design a cover for it together.
- Clear plastic pockets or zip lock bags.

Simply place the items in the individual clear pockets ready for your child to explore them. Allow enough time for them to look at, feel and smell each object.

You could talk about what they are, where you found and show them the photographs or play the recording you took when you were on your walk.





Snowman

Sensory Walks.

- **EXPLORE, EXPLORE, EXPLORE.** - **BE AWARE OF CHILDREN PUTTING THINGS IN THEIR MOUTHS, CHILDREN SHOULD NOT TO BE LEFT UNATTENDED.**
- - Fill ice cream pots or a paddling pool. Take off your socks and shoes and get exploring with your feet/hands/bodies.
- All children can enjoy sensory walks whether it be sat in a chair and pots are introduced slowly to feet/ tubs are placed on trays in-front of the child/ children are helped to walk along the pots or if you are feeling brave fill up a small paddling pool and let them sit in it and explore.
- Depending on the time of year pots/paddling pools can be filled with water beads, shaving foam, warm coloured water, ice cubes, snow, foil sheets and pom-poms, tinsel, fake snow, flour, water and glitter,
- Most importantly – **HAVE FUN**










Snowman

Winter TAC PAC



TAC PAC is a sensory communication approach that uses the stimulation of the tactile and proprioceptive senses alongside music – incorporating the rhythm of the music to create a 2-way interaction between two people – usually a pupil and a teacher/support staff or parents. At no times should the tactile input be forced upon the child and at all times the adult MUST monitor and respond to the child's reactions. <https://music.apple.com/gb/playlist/winter-walk/pl.u-WabZ6oVsYEe45R>

Track 1) Winter nap minthaze	Resource Used: Cotton gloves. Getting dressed 	Use gloves to massage, deep or light pressure depending on what they prefer. Starting at child's feet, slowly move up the child's legs – tummy – down arms – hands.
Track 2) The Rose Ola Gjelio	Resource Used: Fan/sheet Wind 	Start waving fan to create breeze on feet, move up legs, down arms, up body to face – watch carefully to see how child reacts to breeze on face. (some children get overexcited on face, move down the body to arms legs if this happens)
Track 3) Dance of the sugar plum fairy	Resource Used: Christmas baubles or chain (snowflakes falling) 	Light Taps on child's body in time to music. Using 2 baubles or 2 hands, Start with feet, move up legs. Chest, hands, arms, back down body. Apply more pressure if this is what child likes.
Track 4) Winter wonderland Instrumental	Resource Used: Scrunched up wrapping Paper (scrunching leaves) 	Scrunching on feet, gentle taps, hold for longer if children tolerate. Move up legs, to hands/ arms
Track 5) Leave a light on Instrumental	Resource Used: Paint Roller (Snow angels) 	Use roller to move up and down child's arms and legs, If child enjoys move to tummy. Watch child for reaction to see if they like light/deep pressure.



Snowman



Snowman

Guess What's in the Stocking?

- This simple game is suitable for any child, all you need is a Christmas stocking (sock, box or bag) and objects to put inside!
- You could use things from around the house or gather a variety of familiar winter themed items like a pine cone, satsuma, bauble or a bell. Your child simply reaches into the stocking and pulls out an object to identify by touch.
- Use it as a tactile discrimination activity, use familiar objects that are rough, smooth, hard or soft.
- You could also use this game to improve listening skills, choose some noisy objects such as a squeaky toy or keys. Demonstrate the noise it makes before putting it in the Stocking. Pull out one of the objects but keep it out of sight, make the sound and see if your child can guess what it is.



As soon as your child masters all of the objects, then find some new ones to try!



Pre

he bells



Top Tips for Messy Play from The S.P.I. Team



H.I. children:
Name the items and any tools which you are using. Describe the texture as you play.

M.S.I. Children:
Place objects in a bright coloured tray. Allow the child time to process and feel in their own time, taking object to their hand if needed.

For all children: Give your child time to observe an activity before having a try themselves
May be they do not want to join in the first time.

V.I. Children:
Introduce the child to the texture before having a try themselves.

P.D. Children:
Lipped tray for messy play.



Snowman

Messy Play



Messy Play



*Did you see all of the different footprints during The Snowman animation? Welly prints, Bird footprints, fox footprints
Why not look out for them on your winter walk....*



...or even better, make your own prints!!



Can you find your pet prints in the garden?

Who needs to wait for snow, when you can build a mud "snow" man 😊



Snowman

Messy Play



Snowman

You will need:

Tray or Bowl

Cornflour 250g

Bicarbonate of Soda 250g

Water – adding a few drops at a time (about 1 ½ tbsp water for the amounts above)



Activity:

1. Make snowmen
2. Create a winter scene
3. Use biscuit cookers to push the snow into shapes
4. Find toy animals around your home – can you make footprints in the snow?



**Do you want to play with snow,
but you don't want to wait for the
snow?**

**Easy Fake snow recipe!! Just 2
ingredients plus water!!**

See next slide for Fake snow method.

Enjoy!!



Empress of Dirt



Snowman

Fake snow Method



Method:

1. In a bowl, mix together equal quantities of corn flour and bicarbonate of soda. With this simple 1:1 ratio, you'll be able to make as much or as little fake snow as you like. Try starting with 250g cornflour and 250g bicarbonate of soda.
2. 2. Once mixed together, gradually introduce a very small amount of water into the bowl and mix together with your hands. Add a little more water – just a few drops at a time – until you reach a good consistency.
3. 3. Stop adding water when the mixture starts to hold its own shape, but crumbles when pressed (like snow). 1 ¼ tbsp. water in total for the amounts above should be about right.
4. 4. Now you are ready to play! Try squeegeeing together the snow to make a snowman.

What should I do if the snow is too dry or too runny?

This is a very forgiving recipe, so if your snow is too dry, simply add a few more drops of water.

If it is too runny, you can add in more cornflour and bicarbonate of soda (in equal quantities) to balance out the mixture.





Messy Play



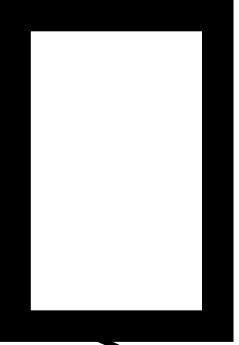
Messy Play

Winter Snow Finger Painting

Use your finger tips to paint a winter picture, with white snow on the trees and the ground.
You could even add silver glitter for extra sparkly snow!



Top Tips for Crafting from The S.P.I. Team



H.I. Children:

Place paints/glue out of your child's reach.

This gives the adult opportunity to model communication and gives your child the opportunity to use that communication to get something e.g.

Sign "more" or say "more paint"

M.S.I Children -

Secure the paper to the table



V.I. Children:

Add a border around the paper

P.D. Children:

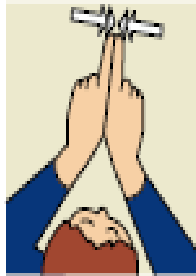
Make sure your child is seated comfortably, so they are hands free for the task





Snowman

Craft and Social Skills



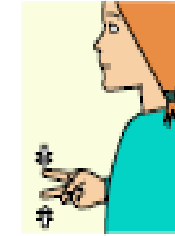
same



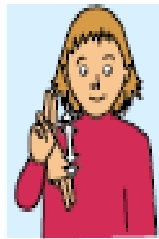
colour



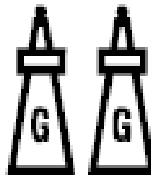
more



scissors



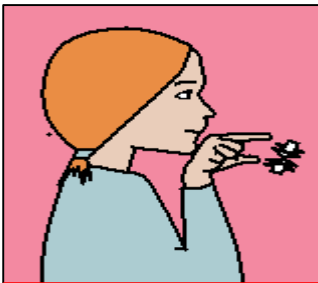
paint



glue



draw



Bird

Craft and Social Skills



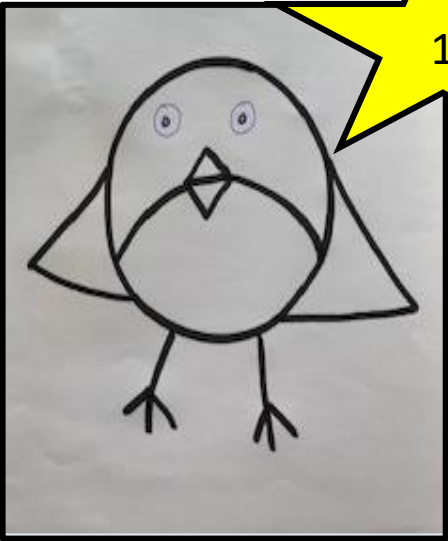
When you create your Robin think about the following:

- Practice initiating (requesting for materials)
- Sharing the supplies with others engaging in the activity alongside them
- Use signs if needed (on next slide)

Top tip - overlap the pieces this helps to fill in all the white spaces.
 - use different tones of colours as this adds interest to the picture.

Have fun drawing and making your bird together.

If you enjoyed making the robin you could even swap the red paper and use red glitter and make them into a Xmas tree decoration!
 Shhhhhh did I say Xmas!!!!!!



What you will need – Magazine or catalogue / Glue/Black pen / circular object to draw around.

Talk about the colours of the bird & have fun ripping up tiny pieces. Stick them down like this.

Draw a simple outline of a bird. Use your object to help with this.



Craft and Social Skills



Hedgehog

1

Together have a go at drawing the outline of a hedgehog. It doesn't have to be perfect! In fact mistakes add character!

When you create your hedgehog think about the following:

- Practice initiating (requesting for materials)
- Sharing the supplies with others engaging in the activity alongside them
- Use signs if needed (on slide 16)



3

What you will need – Paper /Brown / Black Pen / Glue / Leaves from the garden

Using your leaves stick them down to make a body. Don't forget his eyes & mouth!

All you need to do is to give him a name!

2



Craft and Social Skills



When you create your snowball think about the following:

What do the materials feel like?

What colours are you going to choose?

How many snowballs will you make?

Have lots of fun!!!

Snowballs can be made with any colour wool or string. What's your favourite colour?

How many snowballs can you throw into a container?

Make your own snowballs!



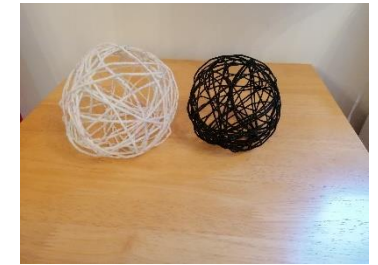
You will need:
Balloons
Wool or string
PVA glue/water –
(mix 1 part water to
2 parts glue)
Dish
Scissors



Cut the wool into one meter lengths and soak it in the dish of glue and water. You will need to do this several times.



Wrap the wool around the balloon until it is well covered. Leave it to dry in a warm place. It will take a couple of days to completely dry.



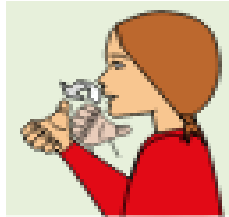
When they are dry they make great indoor snowballs. Put battery operated lights inside to make a great decoration!



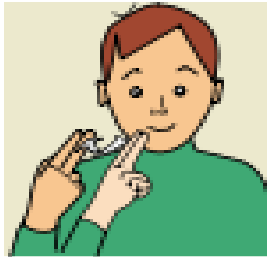
Snowman

Fruit Signs

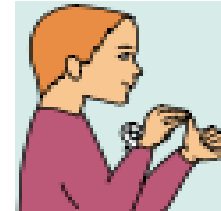
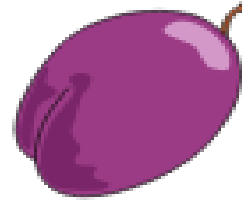
Which fruits did The Snowman try for a nose?



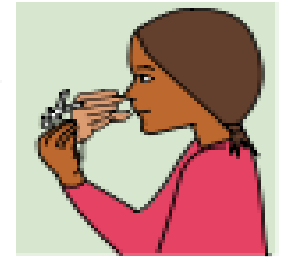
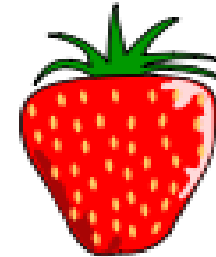
apple



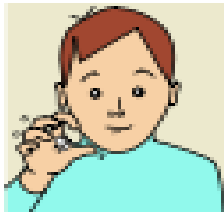
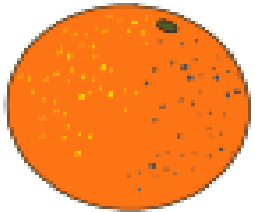
pear



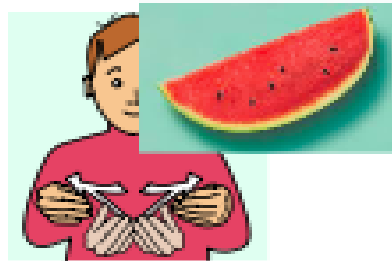
plum



strawberry



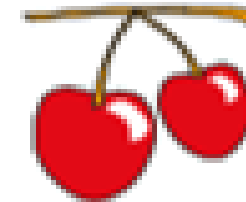
orange



watermelon



banana



cherry



Snowman

Food Activity

Usually you are told not to play with your food, however for this activity we are saying ***PLAY WITH YOUR FOOD!*** 😊



What you need:

A selection of fruits in a bag/ a few bowls or plates to keep the fruits separate on the table/a knife for the adult cutting the fruit



Activity 1:

An absolute feast for your senses.

Take one fruit at a time and enjoy moving through your senses to explore the fruit. Take turns to look at the fruit, touch the fruit with the skin on, smell the fruit. When all the fruits are in a bowl – Now you get to cut into the fruit and again feel the inside of the fruit, smell the fruit and then your child may want to mouth/lick or eat the fruit.

An Extra Activity

The same fruits from the activity above/ A selection of paints/Paint brush and paper

If you have fruit left over or your child does not want to taste the fruit

Now you can paint the segments of fruit and print patterns/snowman faces on the paper

