

TOP TIPS FOR THE SUMMER HOLIDAY



Our Inclusion Support Practitioners have compiled some key tips for supporting your child when you go on holiday. If you need more specific advice relating to your child, please do speak to your SISS teacher / ISP or explore other websites related to your child's individual sensory or physical impairment.

<p>Hearing Impairment</p> <p>Take 5 minutes to stop and listen to the sounds around you when visiting a new place or when outside. Talk about the sounds you can hear.</p> <p>When out and about or away from home remember to take spare equipment and batteries (and store them securely so that they don't get damaged)</p> <p>Take photographs of your daily activities and talk about them.</p>	<p>Visual Impairment</p> <p>Make a tactile diary of the places you have been - this can be shared at school</p> <p>Think about being sun safe – and remember ways of supporting your child if they find glare painful or disorientating e.g cap / visor / hood</p> <p>Consider distraction free breaks during your busy day.</p>
<p>Multisensory Impairment</p> <p>Preparation is key: think about what they will see, hear and smell when they are out and about.</p> <p>Allow time for questions, they may ask where they will sit, how they will get there, what it will look like?</p> <p>New surroundings may be overwhelming so ensure that you provide information and reassurance through touch e.g security object / regular touch of your hand</p>	<p>Physical Disability</p> <p>Maintain a structure throughout the day, including regular mealtimes and bedtimes.</p> <p>Make physio fun and include it as part of your day.</p> <p>If you are planning a visit, check accessibility before to your visit.</p> <p>Allow additional time for your child to process the information around them.</p>