

## Solihull Children and Young People's Therapy, Neurodevelopment & Mental Health Services: Data and Visioning Summary - September 2023

Over the last year, much work has been done to ensure data quality and accuracy. This summary starts to set out service level data, plans for patients waiting to access support and a future vision to re-design and / or transform services where required to support CYP and families to have the best outcome. As of 1st Sept 2023, the full data set required as part of contractual arrangements will once again be submitted. This will also include treatment wait times, trajectories and more focus on outcomes. This will be shared through SEND improvement governance and directly with parent / carer forums to seek joined up solutions.

### University Hospitals Birmingham (UHB) Paediatric Community Services Update (August 23 Data)

	Occupational Therapy (OT)	Physiotherapy (PT)	Speech and Language Therapy (SLT)	Specialist Assessment Service (SAS): Autism Spectrum Disorder (ASD)	SAS Complex Medical Needs Team	Attention Deficit Hyperactivity Disorder (ADHD) Nursing Team (July 23 Position)
<b>Total Number Waiting for Initial Assessment (IA)</b>	61	122	428	815	3	450
<b>Average Wait (Weeks)</b>	4	21	25	35	5	14.9
<b>Longest Wait (Weeks)</b>	16	58	64	95	7	78.5

#### Commentary

Resources for support whilst waiting are now also available on [Solihull local Offer – Health Webpage](#): “Things to do at home to help manage health and well-being whilst waiting for an appointment”

#### **Therapies:**

Support is in place for patients waiting, including for example: [Solihull Children's Community Therapies – Solihull Children's Community Therapies \(uhb.nhs.uk\)](#) and [Resources for Everyone – Solihull Children's Community Therapies \(uhb.nhs.uk\)](#). An offer is being developed for patients waiting and is supported by parent and carer voices. Some clinical prioritisation mechanisms are in place (SLT & Physio only), with children seen in a timely way in OT (within 18 weeks). UHB are working to integrate therapy provision as a model called CATCH (Child and Adolescent Therapy Care and Help Services) to support one point of referral all CYP therapy in Solihull and facilitate future MDT joint working for maximum impact, efficiencies & to improve patient pathways; Parent Carer Forum engagement, co-produced.

**Vision:** For a continued plan and assurance that CYP and families are supported for patients waiting where wait times are higher than expected. Work is taking place towards a graduated approach with education and the NHS, and wider system partners - right support, right place, right time. Consideration is underway around future transformation such as SLT 'balanced system model' – which has been adopted as good practice nationally and being implemented in Birmingham. Development of Joint Commissioning arrangements with local authorities in development.

**SAS:** New assessment pathway in place to support reduction in waiting times

**ADHD Nursing:** Referral numbers are increasing (2021/22 = 292 referrals, 2022/23 = 541 referrals) – system working is taking place to look at how to better manage and co-ordinate referral for diagnosis and support to be as timely as possible. Families are sent signposting information and advice relating to ADHD, sleep difficulties and mental health on acceptance of referrals.

<b>Community Paediatrics</b>	<b>Total number of patients waiting (August 23)</b>					
	<b>0-7 days</b>	<b>1-2 weeks</b>	<b>2-4 weeks</b>	<b>4-12 weeks</b>	<b>12-18 weeks</b>	<b>18-52 weeks</b>
	5	6	10	60	36	166
<b>Initial Education Health and Care Plan (EHCP) Requests</b>	Total Number of requests received (May 23): 15 Number returned within 6 weeks (May 23): 14 (93%)					

### Commentary

#### **Community Paediatrics and Initial Education Health and Care Plan (EHCP) Requests:**

**Plan:** 1) Solihull Community Paediatrics service is recruiting to a locum specialty doctor post to support all Community Paediatrics workload including EHCP health advice.  
2) Solihull Community Paediatrics is engaged with UHB Trust and ICB to review service provision, service specification and establishment requirements.

**Vision:** For all CYP requiring health advice report from any UHB service to receive appropriate information, to have access to a face-to-face clinic with an appropriate medical professional and the advice report completed within the 6 week's statutory timeframe.

#### **Solar Child and Adolescent Mental Health Services (CAMHS) Service Update (August 23 Data)**

<b>CAMHS</b>	<b>Initial Assessment (Choice) Waiting Time if referred on 24/08/2023</b>				
	<b>T3 assessment (secondary care)</b>	<b>T2 Assessment (SOLAR primary care)</b>	<b>Senior Practitioner MHST</b>	<b>MHST (None senior)</b>	<b>Helios virtual assessment (Pt choice)</b>
	5 weeks	4 weeks	3 weeks	Following Day	1-5 days

### Commentary

#### **Child and Adolescent Mental Health Services CAMHS (Solar):**

**Support** - Solar has introduced check-in calls to assess the status of children, young people, and their families awaiting interventions, addressing potential risks, monitoring changes, and providing information on the Solar Duty and Crisis line. These calls are conducted by Solar Duty clinicians and other clinical staff in addition to their regular responsibilities. The organisation has expanded its workforce by hiring several fixed-term positions, including cognitive behaviour therapists, art psychotherapists, assistant psychologists, occupational therapists, and support workers, to address therapy waiting lists. The senior leadership team at Solar oversees waiting lists and discusses allocation strategies in team meetings.

**Vision** - Solar is developing a digital offering to improve its website by mid-2024, aiming to support referrals and provide resources for children and young people in Solihull facing emotional and mental health challenges. They plan to offer diverse interventions, including therapies and social engagement techniques. Solar is actively engaged in family hub projects, delivering services in multiple locations. Additionally, Solar Mental Health Support Teams (MHST) will expand their presence in Solihull schools, offering accessible appointments and whole-school training.