



SUMMER TERM 2024
 Open to all Solihull parents and carers



BEING A PARENT GROUPS

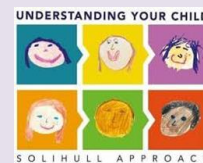
Led by trained parent volunteers, the groups provide you with the tools to help manage challenging behaviour, improve communication, and build a positive relationship with your child.

The Being a Parent groups will be delivered both face-to-face and virtually, starting with a welcome session & then running weekly for a further 8 sessions:

TUESDAY	Virtual via Microsoft Teams	6pm – 7.30pm	30/4/24 – 2/7/24
WEDNESDAY	Dickens Heath School (B90 1NA)	9.30am – 11.30am	1/5/24 – 3/7/24
WEDNESDAY	Marston Green Infants (B37 7AA)	9.30am – 11.30am	1/5/24 – 3/7/24
FRIDAY	Kingshurst Primary School (B37 6BN)	9am – 11am	3/5/24 – 5/7/24

UNDERSTANDING YOUR CHILD

Led by Solihull professionals, the group aims to help you to manage challenging behaviour and improve communication, as well as building and understanding your relationship with your child. The group target age is 4-11 years, delivered face-to-face for 10 sessions:



TUESDAY	Renewal Family Centre (B91 2JY)	9.30am – 11.30am	30/4/24 – 9/7/24
THURSDAY	Evergreen Family Hub (B37 6DX)	9.30am – 11.30am	2/5/24 – 11/7/24

FIVE TO THRIVE

For parents with children aged up to 2 years, the FIVE TO THRIVE building blocks explore practical things you can do to enhance your child’s brain development, increase confidence in parenting and meet local parents.



<p>TUESDAY The Bridge, Shirley (B90 3AG)</p> <p>10am – 12pm or 1pm – 3pm</p> <p>16/4/24 – 21/5/24 4/6/24 – 9/7/24</p>	<p>THURSDAY Saxon Court, Chelmsley Wood (B37 7RF)</p> <p>12.30pm – 2.30pm</p> <p>18/4/24 – 23/5/24 6/6/24 – 11/7/24</p>
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Book your place now, or find out more by contacting Solihull Parenting Team at: bsmhft.parenting@nhs.net or book via the Eventbrite QR code below:

