



Adult Social Care Principal Occupational Therapist Annual Report 2023-2024



This annual report shows the work achieved for this year and plans for 2024-25.

Difficult words are written in bold. There is a list of what the words mean at the end.

Principal Occupational Therapist



Pete Budge is the Principal Occupational Therapist (POT) in Solihull.

Pete is also a Head of Service.

Achievements: Strength Based Practice



Strengths based practice focuses on what a person can do.



It also looks at what support can help people to live a good life.



Focusing on strengths helps people to achieve their hopes and goals.

Achievements for 2023 – 2024



- Using data to look at what the community needs.



- The team asked people what they think about the service, what went well and what could be better.



- The team also checked if the service has helped the person to be more independent.

Achievements: Moving with Dignity



The moving with dignity approach looks at how the right care can be provided for a person who struggles to move.



It looks at having the right way for carers to move people.



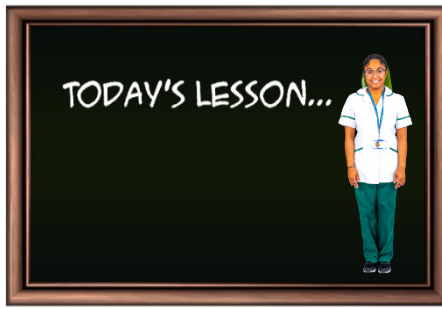
The project went well and ended in March.

The work will continue but it will be called Better Care at Home.

Achievements: Learning and Development



The training arrangements for Occupational Therapists (OT) was changed this year.



Two OT trainees passed exams and moved to qualified roles.



The OT team helped with the Adult Social Care Learning and Development Conference.



OTs are working with the new Social Care Academy to make sure their work is involved.

Achievements: Raising the OT Profile



OT focused on:

- Working with adult social care teams and other teams at Solihull Council.



- Talking with other teams about the important work that the OT team does.



- Talking to people who use OT services and carers for feedback.



Updating the OT webpage for better information.



Creating an OT leaflet for better information.



The leaflet was sent to GP surgeries, libraries and other places.



The OT team also had a team building day.



This helped the team to:

- get to know each other and their work better



- look at important things to focus on in 2024

Achievements: Finding new staff and keeping them



It has been hard to find new members of staff.



We have talked to universities and colleges about OT jobs at Solihull Council.



Our improved training is also important to make working as an OT at Solihull Council better.

Achievements: OT Staff Development

Keep learning



OT's must keep their professional registration up to date.

Solihull Council supports OTs with this.



This is another thing to make working at Solihull Council better.

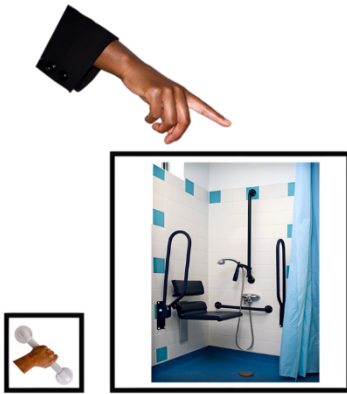


OTs filled in a survey about their experience of working at the council. The feedback was good, OTs said they liked working for the council.

Achievements: Home Improvement Agency



We are creating a Home Improvement Agency (HIA). The HIA helps people to be safe and independent in their home.



Changes to a person's home can be small or big.



Changes include:

- Adaptations like ramps, stairlifts or accessible showers



- Minor works like grab rails, handrails, better lighting or accessible switches



- Home Hazard Assessment where staff make changes to keep homes safe



- Technology which helps safety and independence such as fall alarms or telecare

Achievements: Technology



OTs can show people videos of aids and adaptations on a new type of laptop.



This helps people to see the equipment and how it works.



It also means OTs have better equipment to use when they visit people.

Achievements: Working together



OTs work with lots of different people and teams. They made lots of contact with other teams and improved how they work together

Compliments



The OT team got lots of compliments this year.



People said that the staff were kind and professional.

Priorities for 2024-2025



- Continue work on the Better Care at Home project.



- Keep building good relationships with NHS teams.



- Make sure that Solihull people and social work teams know about OT.



- Make sure people can view up to date information about OT.

For example, leaflets in GP surgeries.



- Lower the waiting time for OT service.



- Collect examples of how technology has helped people.