



Care and support for people in our area



Our 5 year plan for adult social care in Solihull 2022-2027 (2025 Update)

About social care and adult social care



We are Solihull Council. We give care and support to lots of people in our area.



Social care is care and support people might need at home, in their local community or in a care home.



When people age 18 and older need support from us, we call it adult social care.



People who may need adult social care are:

- people with a learning disability



- people with mental health conditions



- autistic people



- people with a physical disability



- older people



- carers



Adult social care gives people the help they need to live the life they want.

About our plan



We have updated our plan for adult social care in Solihull.



Lots of people in our area need our help and support.

We are helping more people every year.



To be able to support everyone properly, we have to do things differently.



Our plan says how we can give people more choice and good support.

Types of services



We have 3 types of care and support services:

1

We have services to give people information and advice



These services:

- try to stop problems from happening in the **first** place



- help people try to stay healthy and well

2

We have services for people who need help with care and support needs



These services:

- give help and support as soon as people need it



- try to stop any problems from getting worse



- support people to stay safe and well at home

3

We have services for people with long-term care and support needs

Long-term care means needing care for a year or more.

These services:

- support families and unpaid carers.

Unpaid carers means family and friend carers who are not paid to care for people as part of their job





- try to stop any problems from getting worse



- support people to stay safe and well

What we want to work on



Our plan starts with a vision. A vision is things we want to see happen in the future.

Our vision is:

We want to make a difference to **people's** lives in the way they want and need. We will work in this way every day.





To make our vision happen, there are 5 big ideas we want to work on.

Idea 1: Help people to live at home

We want people to live safely and independently at home for as long as possible.

Independent means people can do things for themselves or with some support.

We will:



- talk to people about their homes. We will look at any ways to help people be independent at home



- help people to make any changes they need to make to their homes.

- use technology to support people:
Things like:



- a button to press in an emergency. This lets other people know you need help



- devices to check how much exercise people are doing. This could be a watch you wear that says how much you have moved



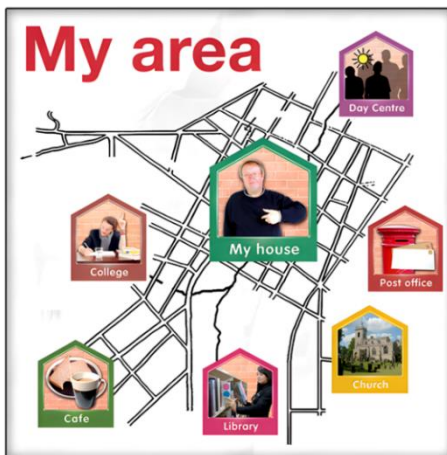
- a speaker to tell you when to take your medicines

Idea 2: Helping you find advice



We are changing our Community Advice Service.

This is to make it work better in the future.



Advice will be more local to you. This means travel to talk to someone will be shorter.

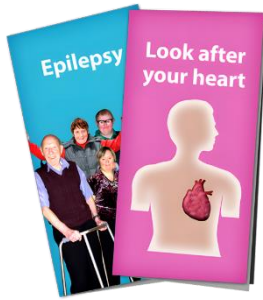
This will include advice for:



- Carers



- Accessing Benefits



- Keeping Well

Idea 3: Support unpaid carers

Being a carer can be hard. Carers need to look after themselves too.



We will:

- look at how many unpaid carers there are in our area
- make sure families and unpaid carers in our area get the support they need



Idea 4: Giving you the right amount of support

We want to help keep you independent.



This means giving you the help you need.



It also means doing what you can yourself.



Idea 5: Using technology



We want to use technology to help people.



Some gadgets can help us know.
They can tell us information.



Games can help people try new things.



Computers can help see people
who do not live nearby.

Things we will think about when we work on our plan



When we work on each of our ideas, we will think about these things:

Making sure our services are fair for everyone



People are different and need to have their needs met in different ways.



We want everyone to have a good service.

We will make sure everyone has the same chances to use adult social care.



We will make sure we have the right services to meet **people's** needs.

Making sure people always
have the best service from
our staff



We will work well together as a team
and with other organisations.



We will make sure our staff have all
the support and training they need to
do their jobs well.



This will help us to make sure we are
supporting people in the best way.

Working together with people who use
our services



We will listen to people who use our
services and their families and carers.



This will help us to understand what people need and what is most important.



We will work closely together when we plan and manage adult social care in our area.



This will help us make sure our services are the best they can be.



Get involved

We want people to tell us what they think about adult social care.



If you want to share your experiences of adult social care with us, email us at:

getinvolved@solihull.gov.uk



Contact us

For more information or if you have any questions, you can contact us:



By phone:
0121 704 8007



By email:
ccadults@solihull.gov.uk



Online: www.solihull.gov.uk/adult-social-care