



Adult Social Care Principal Occupational Therapist Annual Report 2024-2025



This annual report shows the work achieved for this year and plans for 2025-26.

Difficult words are written in bold. There is a list of what the words mean at the end.

Principal Occupational Therapist



Pete Budge is the Principal Occupational Therapist (POT) in Solihull.

Pete is also a Head of Service.

Achievements: Better Care at Home Project



In 2024/25, the "Better Care at Home" project started. Two new Occupational Therapists (OTs) were trained to help people with their care.



The project aimed to give the right care, save money, and help people feel respected.



It ended in March 2025 when a manager retired. The staff went back to their usual jobs after the project.



Plans are being made to make this way of working normal for all OTs. The plans need approval before they can start.

Achievements: Home Improvement Agency



A plan was made to improve and make people's homes safer with help from Community Housing. We talked to other councils to learn from them.



The plan will be shown to leaders. We hope to get approval to start the project.

Achievement: Performance Management



OT have worked hard to bring down its waiting list for an assessment.



Helped assurance. This will show how well Solihull is performing against our duties with the **Care Quality Commission (CQC)**.

Achievements: Closer working / Duty Team



OT have worked closely with other adult social care teams.



Talking with other teams about the important work that the OT team does.



Creating an OT leaflet for better information.

Achievements: Children's OT



Working closely together with Childrens Services to deliver support and services for children and families.



This work will stay in 2025/26 to make sure support is there to help families and care providers to keep providing safe and good care.

Achievements: Home Adaptations



The waiting list for home adaptations has grown.



It is important that people who are at more risk have their adaptations done first.



Work on the waiting lists will continue for 2025 – 2026.

Achievements: Learning and Development



Pete worked with the People and Organisational Development team to look at training for OTs.



Supported the Solihull Council Learning Fortnight with learning around the theme of Prevention & Early Help.



2 people completed their OT apprenticeships. Another 1 will complete their apprenticeship in 2025.



1 staff member started their OT apprenticeship in 2025.

Achievements: Partnerships



The OT team have worked closely with NHS partners.

Achievements: Digital, recording and outcomes



Supported with new digital tools, for example **Magic Notes**.



OT team continued to make referrals for **technology enabled care (TEC)**.

Achievements: OT staff feedback



Lots of staff completed the survey. More details will be released in 2025.

Priorities for 2025-2026



- Continue working with the Duty OT team to improve service for Solihull people



- Continue work on Better Care at Home and make this way of working normal for all OTs.



- Make sure that Solihull people and social work teams know about OT.
- Make sure people can view up to date information about OT.



For example, leaflets in GP surgeries.



- Lower the waiting time for OT service.



- Continue working with NHS partners.

What words mean



Care Quality Commission (CQC)

An organisation who check that services provide good care to people.



Magic Notes

Web application that writes notes for practitioners. This tool uses Artificial Intelligence and helps practitioners save hours spent writing up cases.



Technology enabled care (also known as TEC)

TEC is equipment such as video doorbells, smart home devices and falls detector watches