



Supported Employment - Nicholas's story



Difficult words are written in bold. There is a list of what the words mean at the end.

What is Supported Employment?



Supported Employment supports and helps people to find or stay in work.



Supported employment helped Nicholas to get a job.



This is Nicholas's story of supported employment and how he is supported by Solihull Council.



Tell us about your job



I work at Co-op Food.



This is a new job.



I work 8 hours a week.



I am studying ICT at college.

Tell us about your job



My new job has given me new challenges and achievements.



I do different tasks.



I stack shelves.



I unload deliveries.



Tidy the shop.

Help customers.



Go on the tills.



What is your favourite thing about your job?



Stacking shelves.



I can stack a lot of stock in 1 shift.



I like the money.

What is your least favourite thing about your job?



Working on the tills.



But it is part of my job so I have to do it.

What have you learnt in your job?



I have learnt:

- How to manage my feelings



- Time keeping



- Limits and rules



The experience has made me more independent and I rely on my family less.



I like the people I work with.



I like going to work.



It has given me confidence to think about living alone in the future.

What helped you to get the job?



The council's Specialist Employment Service helped me to get experience of job interviews.



This has helped build my confidence.



They helped me with my work trial at Herron Foods.



I showed them what I could do and my manager, Jane, offered me the job.



Jane was supportive and helped me to settle in.



She gave me training on how to do different things.

What does your family think about you having a job?



They are very pleased that I have a job. It is something that I have always wanted.



My mum is happy that I have my own money and can buy my own stuff.



I have bought myself a new computer and desk with my wages.

What are you going to do next?

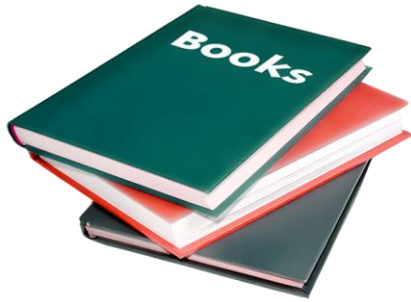


I have learnt lots of skills and experience in my jobs.



But I'm not sure what I will do after I finish college.

I might go to university.



Or get a job in IT.



My job has given me the confidence to go for my dream job in ICT.



My studies



I attended Northern House, now called Castle Wood. I got ICT and Science qualifications.



I now go to Hereward College. I got English and Maths qualifications here.



Now I am doing an ICT qualification.

What words mean