















Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 20th April 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 27th April 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
<b>May</b>													
Friday			Public Turn up and Ride 11-14.00										





Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
<b><u>June</u></b>													
W/C 1st June 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00			Solihull Triathlon Club 20.00 - 21.00
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 8th June 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00			Solihull Triathlon Club 20.00 - 21.00
Friday			Public Turn up and Ride 11-14.00										



Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday	Hand Cycling UK - Training Session - 8.30 - 10.30												
W/C 29th June 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20:00			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
<b>July</b>													
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 6th July 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00										

Saturday	Solihull Triathlon Club 8.30-10.30													
Sunday														
W/C 13th July 2026														
	Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21	
Monday	SITE SET UP													
Tuesday														
Wednesday														
Thursday														
Friday														
Saturday														
Sunday														
	Solihull Summerfest													
W/C 20th July 2026														
	Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21	
Monday	SITE BREAKDOWN													
Tuesday														
Wednesday														
Thursday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00											
Saturday	Solihull Triathlon Club 8.30-10.30													
Sunday														
W/C 27th July 2026														
	Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21	
Monday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30			



# August

<b>August</b>													
<b>Saturday</b>	Solihull Triathlon Club 8.30-10.30												
<b>Sunday</b>													
<b>W/C 3rd August 2026</b>													
	<b>Time</b>												
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Monday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20:00		
<b>Tuesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
<b>Wednesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
<b>Thursday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00
<b>Friday</b>			Public Turn up and Ride 11-14.00										
<b>Saturday</b>	Solihull Triathlon Club 8.30-10.30												
<b>Sunday</b>													
<b>W/C 12th August 2026</b>													
	<b>Time</b>												
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Monday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20:00		
<b>Tuesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
<b>Wednesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
<b>Thursday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00
<b>Friday</b>			Public Turn up and Ride 11-14.00										











Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 26th October 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20:00			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00			Solihull Triathlon Club 20.00 - 21.00
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												

## November

Sunday													
W/C 2nd November 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20:00			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00			Solihull Triathlon Club 20.00 - 21.00
Friday			Public Turn up and Ride 11-14.00										



Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 23rd November 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20:00		
Tuesday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
Wednesday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00										
Saturday	6.00 - 18.00 - Highway Traffic Management - Corporate Charity event												
Sunday													
W/C 30th November 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20:00		
<b><u>December</u></b>													
Tuesday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
Wednesday			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00										



<b>Saturday</b>	<b>Solihull Triathlon Club 8.30-10.30</b>												
<b>Sunday</b>													
<b>W/C 21st December 2026</b>													
	<b>Time</b>												
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Monday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20:00		
<b>Tuesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
<b>Wednesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
<b>Thursday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.00		<b>Solihull Triathlon Club 20.00 - 21.00</b>
<b>Friday (CHRISTMAS DAY)</b>			Public Turn up and Ride 11-14.00										
<b>Saturday</b>	<b>Solihull Triathlon Club 8.30-10.30</b>												
<b>Sunday</b>													
<b>W/C 28th December 2026</b>													
	<b>Time</b>												
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>Monday (BANK HOLIDAY)</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20:00		
<b>Tuesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		
<b>Wednesday</b>			Public Turn up and Ride 11-14.00								Solihull Cycle Club 18.30 - 20.30		