





W/C 27th April 2026													
Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Midland Mencap Training Session - 11.30 - 14.30							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
<b>May</b>													
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 4th May 2026													
Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday (BANK HOLIDAY)			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday				12.30 - 15.30 - SMBC - Cycle Training Course Learn to Ride						Solihull Cycle Club 18.30 - 20.30			
Thursday				12.30 - 15.30 - SMBC - Cycle Training Course Learn to Ride						Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday				12.30 - 15.30 - SMBC - Cycle Training Course Learn to Ride									
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday				*HOLD* 12.00 - 15.00 - Sponsored Push - Bears Wheelchair Basketball Club									

W/C 11th May 2026													
Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 18th May 2026													
Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00		Solihull Triathlon Club 20.00 - 21.00	
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
						0							







W/C 6th July 2026													
	Time												
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday	Solihull Summerfest									Solihull Cycle Club 18.30 - 20.00			Solihull Triathlon Club 20.00 - 21.00
Friday													
Saturday													
Sunday													























W/C 14th December 2026													
Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20:00			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00			Solihull Triathlon Club 20.00 - 21.00
Friday			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 21st December 2026													
Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20:00			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Thursday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.00			Solihull Triathlon Club 20.00 - 21.00
Friday (CHRISTMAS DAY)			Public Turn up and Ride 11-14.00										
Saturday	Solihull Triathlon Club 8.30-10.30												
Sunday													
W/C 28th December 2026													
Time													
	9	10	11	12	13	14	15	16	17	18	19	20	21
Monday (BANK HOLIDAY)			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20:00			
Tuesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			
Wednesday			Public Turn up and Ride 11-14.00							Solihull Cycle Club 18.30 - 20.30			