

Welcome to Solihull Adult Social Care



Your Occupational Therapy Journey



1.

Community Advice Hubs and Solihull Independent Living Service

Our Community Advice Hubs can provide advice for you or the person you care for, based in Chelmsley Wood Library and The Core Library in Solihull town centre, available Monday to Friday. Alternatively, you can contact Solihull Independent Living Service for information about staying independent in your own home.



2.

First Point of Contact

You may be referred to the Occupational Therapy Service through Social Care or other local services.

Alternatively, you can Contact our Connect Team on  0121 704 8007, who will help to find the right support for you



3.

Signposting, information and Advice

We will provide you with information and advice and signpost or refer you to other services if required. This may include Technology Assisted Care (also known as assistive technology) or Solihull Independent Living Service.



4.

Initial Assessment

We will discuss with you your needs and wellbeing and, if appropriate, provide you with equipment to help to maintain independence and safety. We will put in place any urgent or interim support you need, including Technology Assisted Care options, to support other services



5.

Occupational Therapy (OT) Assessment

If you still require support, we will arrange an appropriate assessment with you (and your family or advocate), which may be in our OT clinic, conducted virtually by video or on the telephone, or in person in your home. This will look at what is important to you and what support you may need. Informal family carers can also get an assessment. This is known as a Carers Assessment.

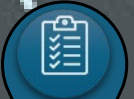
We will discuss with you things like aids and adaptations, including adaptation through the Disabled Facilities Grant (DFG) funding.



6.

OT Support

We will work with you to recommend and provide any equipment, or adaptations needed to support you and or your carers, which can include demonstrating techniques for safer care and safe use of equipment provided.



7.

Review

We will review OT recommendations to ensure they are meeting your desired outcome/s and supporting safety and independent at home. Regular reviews will continue until our involvement is no longer required..



Find out more about Equipment to help you



Find out more about the Solihull Independent Living Service