

Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Morning

Monday	Tuesday	Wednesday	Thursday	Friday
Self-weigh baby clinic – 09:00-17:00 Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns, text ChatHealth on 0750 733 2563 to receive a response from a health visitor within 24 hours between Monday-Friday, 09:00-16:00. Lactation consultant clinic – 09:30-13:00 An NHS service to help you with any infant feeding challenges you may be facing, including tongue-tie assessment and referral. Speak to your midwife, health visitor, or GP for referral to the Infant Feeding Team. By appointment only. Ordinary Magic HAF – 10:00-14:00 Holiday activity sessions for children and families delivered by Ordinary Magic. To book, call 0121 514 8854 or email info@ordinarymagic.co.uk. Bradley's Promise information hub – 10:00-14:30 24 August Are you a family member or carer of a young person aged between 16-25 years old with a life-limited condition of Duchenne Muscular Dystrophy or similar, in need of support or advice? Come along to our drop in. For more info, call Sarah Green on 0786 680 6672 or visit www.bradleypromise.co.uk. Infant feeding support group – 10:30-12:00 An NHS service to help you with any infant feeding queries or challenges you may be facing. Or simply come along for the social aspect – to meet other mums and get a hot cup of tea! Book at https://linktr.ee/SolihullJFI.	Newborn hearing screening clinic – 09:00-14:00 Booked appointments with the NHS Hearing Screening Team. Health Visitor well baby clinic – 09:00-17:00 Have a concern about your baby or child's growth? Book an appointment with a member of the Health Visiting team by texting ChatHealth on 0750 733 2563 (Monday-Friday, 09:00-16:00) or calling 0121 726 6755. Ordinary Magic HAF – 10:00-14:00 Holiday activity sessions for children and families delivered by Ordinary Magic. To book, call 0121 514 8854 or email info@ordinarymagic.co.uk.	Midwife clinic – 09:00-12:00 Booked appointments with the midwifery team. Book by speaking to your midwife. Self-weigh baby clinic – 09:00-17:00 Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns after weighing your baby, text ChatHealth on 0750 733 2563 to receive a response from a health visitor within 24 hours between Monday-Friday, 09:00-16:00. Safe Space Solihull SEN support group – 10:00-12:00 26 August Safe Space is a parent-run support group for parents in Solihull to have a friendly chat with people who can help with family life, schooling, and more. Homemade cakes and hot drinks available. Moms, Dads, Grandparents – all welcome. No need to book, just drop-in.	Health Visitor development clinic – 09:00-12:00 Appointments by invitation to review children's development. Newborn hearing screening clinic – 09:00-14:00 Booked appointments with the NHS Hearing Screening Team. Ordinary Magic HAF – 10:00-14:00 Holiday activity sessions for children and families delivered by Ordinary Magic. To book, call 0121 514 8854 or email info@ordinarymagic.co.uk.	Community fun day – 09:30-12:30 21 August Drop in to Hatchford Brook Family Hub to find out what is on offer at the hub and meet local organisations. No booking required – drop in. Family Support Service drop-in – 09:00-12:00 Visit the Family Support Team for assistance with family needs such as parenting and additional support. No need to book, just drop-in. Midwife clinic – 09:00-17:00 Booked appointments with the midwifery team. Book by speaking to your midwife. EPAS drop-in session – 09:30-12:30 21 August The Education Participation Advisory Service (EPAS) provides support, advice and guidance to children, families, schools and education providers to help address barriers to education. No booking required. Make and create air dry clay workshop – 09:30-12:30 or 13:00-16:00 7 August FULLY BOOKED A creative clay workshop where families can design and make their own air-dry clay creations to take home.

Download the Solihull Family Hubs app!



Discover upcoming events, useful links, Hub details, and more. Now available in 20 languages on the Apple [App Store](#) and Android [Google Play Store](#)

[Hatchford Brook, Old Lode Lane, Solihull, B92 8JE](#)

Afternoon

Monday	Tuesday	Wednesday	Thursday	Friday
Health Visitor clinic – 13:00-16:00 Booked appointments with the health visiting team. Book by speaking to your health visitor. Gro Health taster session – 14:30-16:00 10 and 24 August Come along to find out more about the Gro Health programme. No need to book, just drop in.	Health Visitor clinic – 12:00-17:00 Booked appointments with the health visiting team. Book by speaking to your Health Visitor. Police Community Support Officer (PCSO) drop-in – 14:00-16:00 4 August Come along for a friendly chat, community advice, or to raise any local concerns in a safe and supportive environment. No need to book, just drop-in.	Midwife clinic – 12:00-17:00 Booked appointments with the midwifery team. Book by speaking to your midwife.	Young carers club – 17:00-21:00 6 August By referral only. Bradley's Promise social group – 16:00-20:00 27 August For young people aged 16-25 living with life-limiting conditions such as Duchenne Muscular Dystrophy and similar conditions. Come along, have fun, and make new memories, we can't wait to welcome you! For more info, call Sarah Green on 0786 680 6672 or visit www.bradleypromise.co.uk.	Talking therapies – 12:00-15:30 By referral only. Crochet club – 13:00-15:00 Are you interested in learning to crochet or are you a crochet master? Please bring along a ball of yarn and a hook. No need to book, just drop in! Early Years music sessions – 14:00-14:30 Free, fun music sessions for children aged 0-5 delivered by Solihull Music. Book via the form or pop-in on the day!

Wellbeing and advice

Best Start in Life

Advice and support for your child's development, from pregnancy to childcare to starting school – beststartinlife.gov.uk

Health visiting

Text Chat Health on [0750 733 2563](tel:07507332563) between 09:00-16:00, Monday-Friday, or call [0121 726 6755](tel:01217266755).

Women's Aid

If you or someone you know needs support, call [0808 800 0028](tel:08088000028) between 09:15-17:15

Mental health support

Call the BSOL Mental Health NHS Foundation Trust on [0800 915 9292](tel:08009159292) or [0121 262 3555](tel:01212623555)

Midwives

Please call your midwife using the phone number in your red book

What else can the Family Hubs offer?

Here2Help

Food, toiletries, fuel, money, and staying well, visit www.solihull.gov.uk/here2help

Stay and play area

Toys, books, and soft play

Sensory room

To book, call [0121 704 6943](tel:01217046943)

Computers and private work pods

Internet and phone access

Community wardrobe

Free clothing