

## Walking Initiatives

**Stroll and Roll:** aims to encourage children to make walking part of their daily routine.

**Walk Smart:** Child pedestrian training delivered to 5-7 year olds.

**Walking bus:** Form of transport for school children who, accompanied by adults, walk to school.

**Park and Stride:** Identifies locations for parents to park, away from the school site, but still within walking distance.



## Cycling Initiatives

**Primary School Bikeability Level 1-2:** The National standard cycle training that is offered to all primary schools in Key Stage 2 and is designed to provide the children with the skills and confidence to ride their bikes on today's roads. Approximately 87% of schools participate.

**Secondary School Bikeability Level 3:** This cycle training is delivered to secondary schools across the borough. The Sustainable Travel Team delivers a variety of other cycling-based activities including GCSE P.E in cycling and a BTEC Qualification in Bike Maintenance.

## Solihull Metropolitan Borough Council

### Give us a call...

Cycle Training: 0121 704 6511

Pedestrian Training: 0121 704 6569

School Travel Plans: 0121 704 6359

### Send us an Email...

[roadsafety@solihull.gov.uk](mailto:roadsafety@solihull.gov.uk)

### Check out our website...

[www.solihull.gov.uk](http://www.solihull.gov.uk)

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# Sustainable Modes of Travel Strategy

2017-2020



## Scope of the Strategy

There is a general duty placed on local authorities to promote the use of sustainable travel and transport to and from school as required by the Education and Inspections Act and to produce a Sustainable Modes of Travel Strategy (SMoT).

The Sustainable Modes of Travel Strategy links into a variety of work programmes to improve children's health and well-being, especially with regard to childhood obesity. Linking with partners in Children's Services through the Home to School Travel Assistance Policy, the SMoT continues to support an integrated approach to addressing common issues in a consistent way.

In terms of transportation the SMoT relates directly to three key targets in the West Midlands Local Transportation Plan 3 (2011-2026); Travel to school, cycling and Road casualties. It also indirectly contributes to a further two targets relating to CO2 from Transport and Air Quality.

To find out more about the sustainable travel initiatives or to view the full sustainable modes and travel document please visit: [WWW.SOLIHULL.GOV.UK](http://WWW.SOLIHULL.GOV.UK)

## Bikeability Plus

Bikeability plus is a series of modules designed to ensure children/families are given support and guidance to make cycling a part of their daily routine. The modules have been developed to complement and support Bikeability training (levels 1-3). Some modules are:



- **Bikeability Balance:** Aimed at reception/year 1 children, develops balance and handling of cycles through the use of balance bikes.
- **Bikeability Learn to Ride:** Can often follow on from a balance session, but also offered to adults who have never learnt to cycle.
- **Bikeability Bus:** A group ride to school for children, parents and staff, picking up riders along the way at pre-arranged 'bus stops'.



## Other initiatives

**Nursery packs:** The kits contain traffic education play equipment supported by a variety of educational worksheets.

**Independent Travel Training:** Working with young people with Special Educational Needs to help them develop the skills needed to be able to travel independently.

**Sustainable Active School Travel:** An updated initiative based on 'Safer Routes to School' aimed at increasing the numbers of children cycling and walking to school.

**Junior Travel Ambassador:** An initiative to promote road safety and sustainable transport within the school community.

**Scootability:** An initiative to promote safe and sensible behaviour on scooters on the school journey.

**ModeShift STARS:** is the national award scheme that encourages schools to promote sustainable travel.

**On The Move:** Influences year 6 pupils to consider travelling sustainably to their new high schools.

**GCSE Physical Education-Cycling:** An enhanced cycling course, leading to assessment and time trials.

**Frame Academy:** An NVQ Level 2 qualification in bike maintenance and restoration working on a variety of bikes, some that have been donated by the public.