

Key things to remember

Pavement etiquette

- Be considerate to others, especially the elderly, wheelchair users, those with babies and young children, Pass them slowly and walk if you need to. A little courtesy goes a long way.

Crossing the road

- Find a safe place, then STOP, LOOK and LISTEN before crossing. Don't scoot on the road, carry your scooter or push it alongside you.

Scooting in the rain

- Take extra care when scooting in the wet as the brake won't work as efficiently as in dry weather.

For further information or to book a course, please contact:

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Scootability



What is Scootability all about?

Scootability has been developed to train pupils how to scoot safely and sensibly to and from school. This programme encourages safe and active travel from an early age whilst providing children with fundamental skills to aid their balance and awareness which will help further in their lives, like when they come to riding a bike.

Not only is scootability incredibly enjoyable, it also encourages children to exercise which contributes to their recommended hour of physical activity each day.

Scootability also promotes sustainable travel, another aspect of transport which we put at high priority. By increasing the number of children who scoot to school, less cars will need to be around making the air much nicer to breathe!

Children will reap the benefits from scootability by learning transferable fundamental skills, such as balancing, etiquette to other pedestrians, and awareness of their surroundings.

What does Scootability involve?

One session typically lasts up to an hour and is delivered on the school play ground, aimed at children in years 1- 4.

Through out the session children will participate in various activities:

- Checking the scooter is safe to ride
- Checking themselves for safety (shoe laces tied, helmets, etc.)
- Using different types of braking techniques
- Controlling their scooter
- Avoiding objects (cones) by steering in and out of them
- Pavement etiquette, respecting other road users
- Crossing roads



All of the activities stated will be carried out on a chalk road-situation drawn on the floor. This helps create the scenario of real life moving traffic to the children and emphasises the points of safety.

The importance of pavement position is highlighted numerous times and then children get to practise this as they go around, before being encountered by a pedestrian and other objects on the street. This gets them used to being polite and courteous to other road users and also to manoeuvre in and out of inanimate objects.

The green cross code is stressed to the children, which they then put into practise and learn how to walk their scooters in straight lines across the road. The instructors pretend to be oncoming vehicles to help children visualise the road-situation, which adds to the enjoyment of this session.

To round off the session, a quick hands-up quiz will help re-cap all of the key aspects and ensure that children understand the importance of road safety.