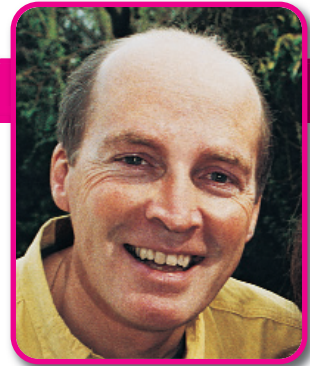


gadgets case studies

Mr P and the Memex



Mr P is aged 39, he has chronic depression and recently fractured his knee bone.

The council's Promoting Independence Team (PIT) was supporting him on a short term basis with washing, dressing, taking medication, and meal preparation.

Mr P needed lots of encouragement and prompting to manage his care and to do everyday tasks around the home.

PIT contacted the Gadgets Team because they were concerned that Mr P was not taking his medication between visits from his carers.

Mr P said that without support from carers he would not have the incentive to wash, dress or prepare meals. He said he felt the same way about his medication. He admitted that he often forgot to take his medication at the correct times and on some occasions he took the whole day's medication at once.

The Gadgets Team explained that they could provide a device to provide pre-recorded verbal prompts at the times he needed to take medication. Mr P was initially sceptical but then agreed to trial the device.

The team provided a Memex device and programmed it to remind Mr P to take his medication 3 times a day.

Outcome

Two weeks after starting to use it, Mr P said he was very pleased with the device. He explained that he had been able to get himself into a routine of taking his medication. He said this was having a positive effect on his health.

Mr P's carers said they were very pleased with his progress. They were able to take a step back knowing that with prompts from the memex Mr P was managing his medication.

After 6 weeks of support from the Promoting Independence Team Mr P had become increasing independent. At this time he felt that he no longer required the memex to manage his medication.

Mr P said 'without using the Memex I would have needed to rely more upon carers'.

The Promoting Independence Team said that without the device his care calls would have increased and would have been needed for far longer.

